US HARBORS www.USHarbors.com

Fort Point, Newcastle, NH - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:19	7.9	3:25	8.2	9:15	1.5	9:45	0.8	7:14	4:18	
2	Thu	4:06	7.8	4:16	7.9	10:08	1.6	10:33	1.1	7:14	4:19	
3	Fri	4:54	7.8	5:11	7.6	11:03	1.6	11:22	1.3	7:14	4:20	
4	Sat	5:44	7.9	6:08	7.4			12:00	1.5	7:14	4:20	
5	Sun	6:35	8.1	7:06	7.4	12:12	1.4	12:56	1.3	7:14	4:21	
6	Mon	7:25	8.4	8:00	7.5	1:03	1.5	1:49	1.0	7:14	4:22	
7	Tue	8:12	8.7	8:50	7.7	1:52	1.4	2:38	0.6	7:14	4:23	
8	Wed	8:57	9.1	9:37	7.9	2:39	1.1	3:23	0.1	7:13	4:24	
9	Thu	9:41	9.5	10:22	8.2	3:24	0.8	4:07	-0.3	7:13	4:26	
10	Fri	10:26	9.9	11:07	8.5	4:08	0.5	4:51	-0.7	7:13	4:27	
11	Sat	11:11	10.2	11:52	8.8	4:54	0.2	5:36	-1.0	7:13	4:28	
12	Sun	11:58	10.4			5:41	-0.1	6:21	-1.2	7:12	4:29	
13	Mon	12:38	9.0	12:47	10.4	6:29	-0.2	7:08	-1.3	7:12	4:30	
14	Tue	1:27	9.2	1:38	10.3	7:20	-0.3	7:57	-1.2	7:11	4:31	
15	Wed	2:18	9.3	2:32	9.9	8:15	-0.2	8:49	-0.9	7:11	4:32	
16	Thu	3:11	9.4	3:31	9.5	9:15	-0.1	9:45	-0.6	7:11	4:33	
17	Fri	4:08	9.4	4:33	9.0	10:18	0.0	10:43	-0.2	7:10	4:35	
18	Sat	5:08	9.4	5:40	8.5	11:23	0.0	11:43	0.2	7:09	4:36	
19	Sun	6:10	9.4	6:49	8.3			12:31	0.0	7:09	4:37	
20	Mon	7:12	9.4	7:56	8.2	12:46	0.5	1:36	-0.1	7:08	4:38	
21	Tue	8:12	9.5	8:56	8.3	1:47	0.6	2:37	-0.3	7:07	4:40	
22	Wed	9:07	9.7	9:50	8.4	2:44	0.6	3:31	-0.5	7:07	4:41	
23	Thu	9:58	9.7	10:39	8.4	3:37	0.5	4:21	-0.5	7:06	4:42	
24	Fri	10:44	9.7	11:23	8.4	4:25	0.5	5:06	-0.5	7:05	4:44	
25	Sat	11:27	9.6			5:09	0.4	5:47	-0.5	7:04	4:45	
26	Sun	12:04	8.4	12:07	9.5	5:51	0.5	6:26	-0.3	7:04	4:46	
27	Mon	12:42	8.4	12:46	9.3	6:32	0.6	7:04	-0.1	7:03	4:47	
28	Tue	1:19	8.3	1:24	9.0	7:12	0.7	7:41	0.1	7:02	4:49	
29	Wed	1:57	8.2	2:04	8.6	7:53	0.9	8:19	0.4	7:01	4:50	
30	Thu	2:35	8.2	2:47	8.3	8:36	1.0	8:59	0.7	7:00	4:51	
31	Fri	3:16	8.1	3:32	7.9	9:22	1.2	9:41	1.1	6:59	4:53	