

































## Fort Point, Newcastle, NH - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:33	8.2	7:25	7.1	12:09	1.8	1:05	1.0	6:18	5:31	
2	Thu	7:36	8.2	8:22	7.3	1:12	1.8	2:05	1.0	6:17	5:32	
3	Fri	8:31	8.4	9:11	7.5	2:10	1.7	2:57	0.8	6:15	5:34	
4	Sat	9:19	8.6	9:54	7.8	3:00	1.4	3:41	0.6	6:13	5:35	
5	Sun	10:01	8.8	10:32	8.1	3:44	1.1	4:19	0.3	6:12	5:36	
6	Mon	10:39	9.0	11:06	8.3	4:23	0.8	4:54	0.2	6:10	5:37	
7	Tue	11:14	9.1	11:38	8.5	5:00	0.6	5:26	0.1	6:08	5:39	
8	Wed	11:48	9.1			5:35	0.4	5:56	0.1	6:06	5:40	
9	Thu	12:08	8.7	12:23	9.0	6:09	0.2	6:27	0.2	6:05	5:41	
10	Fri	12:40	8.9	12:58	8.8	6:44	0.1	6:59	0.3	6:03	5:42	
11	Sat	1:13	9.0	1:36	8.6	7:22	0.1	7:35	0.5	6:01	5:43	
12	Sun	1:50	9.1	3:19	8.3	9:04	0.1	9:16	0.7	7:00	6:45	
13	Mon	3:32	9.1	4:08	8.0	9:52	0.2	10:03	0.9	6:58	6:46	
14	Tue	4:22	9.0	5:04	7.7	10:47	0.4	10:58	1.1	6:56	6:47	
15	Wed	5:19	8.9	6:08	7.5	11:49	0.5			6:54	6:48	
16	Thu	6:24	8.9	7:19	7.6	12:02	1.2	12:58	0.4	6:53	6:49	
17	Fri	7:36	9.1	8:30	7.9	1:12	1.1	2:08	0.2	6:51	6:51	
18	Sat	8:46	9.5	9:33	8.5	2:22	0.8	3:13	-0.3	6:49	6:52	
19	Sun	9:49	9.9	10:29	9.1	3:27	0.2	4:10	-0.7	6:47	6:53	
20	Mon	10:46	10.3	11:20	9.7	4:26	-0.4	5:02	-1.1	6:45	6:54	
21	Tue	11:40	10.4			5:21	-0.9	5:51	-1.2	6:44	6:55	
22	Wed	12:08	10.1	12:30	10.4	6:12	-1.2	6:37	-1.1	6:42	6:57	
23	Thu	12:53	10.3	1:19	10.1	7:01	-1.3	7:21	-0.8	6:40	6:58	
24	Fri	1:38	10.3	2:08	9.7	7:50	-1.2	8:06	-0.4	6:38	6:59	
25	Sat	2:22	10.0	2:56	9.1	8:38	-0.8	8:52	0.2	6:37	7:00	
26	Sun	3:08	9.6	3:47	8.4	9:28	-0.3	9:40	0.8	6:35	7:01	
27	Mon	3:56	9.1	4:41	7.9	10:22	0.3	10:32	1.4	6:33	7:02	
28	Tue	4:49	8.6	5:39	7.4	11:19	0.8	11:30	1.8	6:31	7:04	
29	Wed	5:48	8.2	6:41	7.2			12:21	1.2	6:29	7:05	
30	Thu	6:52	8.0	7:45	7.1	12:32	2.0	1:25	1.3	6:28	7:06	
31	Fri	7:56	8.0	8:43	7.3	1:36	2.0	2:25	1.3	6:26	7:07	