


































Fort Point, Newcastle, NH - Jan 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 8:34 | 10.2 | 9:21 | 8.6 | 2:12 | 0.3 | 3:04 | -0.9 | 7:14 | 4:18 |  |
| 2 | Fri | 9:32 | 10.6 | 10:19 | 8.8 | 3:11 | 0.1 | 4:01 | -1.2 | 7:14 | 4:19 |  |
| 3 | Sat | 10:28 | 10.7 | 11:14 | 9.0 | 4:07 | -0.1 | 4:56 | -1.4 | 7:14 | 4:20 |  |
| 4 | Sun | 11:23 | 10.8 | | | 5:02 | -0.3 | 5:48 | -1.5 | 7:14 | 4:21 |  |
| 5 | Mon | 12:07 | 9.1 | 12:16 | 10.6 | 5:56 | -0.3 | 6:38 | -1.3 | 7:14 | 4:22 |  |
| 6 | Tue | 12:58 | 9.1 | 1:08 | 10.2 | 6:49 | -0.2 | 7:28 | -1.0 | 7:14 | 4:23 |  |
| 7 | Wed | 1:48 | 9.1 | 2:00 | 9.7 | 7:42 | 0.1 | 8:17 | -0.5 | 7:13 | 4:24 |  |
| 8 | Thu | 2:38 | 8.9 | 2:52 | 9.1 | 8:36 | 0.4 | 9:06 | 0.0 | 7:13 | 4:25 |  |
| 9 | Fri | 3:28 | 8.7 | 3:47 | 8.4 | 9:33 | 0.7 | 9:56 | 0.6 | 7:13 | 4:26 |  |
| 10 | Sat | 4:19 | 8.6 | 4:43 | 7.9 | 10:31 | 0.9 | 10:48 | 1.0 | 7:13 | 4:27 |  |
| 11 | Sun | 5:11 | 8.4 | 5:43 | 7.4 | 11:30 | 1.1 | 11:41 | 1.4 | 7:12 | 4:28 |  |
| 12 | Mon | 6:05 | 8.3 | 6:45 | 7.2 | | | 12:31 | 1.1 | 7:12 | 4:29 |  |
| 13 | Tue | 7:00 | 8.3 | 7:44 | 7.1 | 12:37 | 1.7 | 1:29 | 1.1 | 7:12 | 4:31 |  |
| 14 | Wed | 7:53 | 8.4 | 8:38 | 7.2 | 1:31 | 1.7 | 2:23 | 0.9 | 7:11 | 4:32 |  |
| 15 | Thu | 8:42 | 8.6 | 9:25 | 7.4 | 2:22 | 1.7 | 3:11 | 0.7 | 7:11 | 4:33 |  |
| 16 | Fri | 9:26 | 8.8 | 10:08 | 7.6 | 3:09 | 1.5 | 3:55 | 0.4 | 7:10 | 4:34 |  |
| 17 | Sat | 10:07 | 9.0 | 10:48 | 7.8 | 3:51 | 1.3 | 4:34 | 0.2 | 7:10 | 4:35 |  |
| 18 | Sun | 10:46 | 9.2 | 11:25 | 7.9 | 4:30 | 1.1 | 5:11 | 0.0 | 7:09 | 4:37 |  |
| 19 | Mon | 11:24 | 9.4 | | | 5:08 | 0.9 | 5:46 | -0.2 | 7:08 | 4:38 |  |
| 20 | Tue | 12:00 | 8.1 | 12:01 | 9.5 | 5:46 | 0.7 | 6:20 | -0.3 | 7:08 | 4:39 |  |
| 21 | Wed | 12:34 | 8.4 | 12:38 | 9.4 | 6:24 | 0.5 | 6:54 | -0.3 | 7:07 | 4:40 |  |
| 22 | Thu | 1:10 | 8.6 | 1:18 | 9.3 | 7:04 | 0.3 | 7:31 | -0.3 | 7:06 | 4:42 |  |
| 23 | Fri | 1:49 | 8.8 | 2:02 | 9.1 | 7:48 | 0.2 | 8:12 | -0.2 | 7:06 | 4:43 |  |
| 24 | Sat | 2:31 | 9.0 | 2:50 | 8.8 | 8:37 | 0.2 | 8:57 | 0.0 | 7:05 | 4:44 |  |
| 25 | Sun | 3:17 | 9.2 | 3:43 | 8.4 | 9:31 | 0.2 | 9:47 | 0.3 | 7:04 | 4:45 |  |
| 26 | Mon | 4:09 | 9.2 | 4:43 | 8.1 | 10:30 | 0.2 | 10:43 | 0.6 | 7:03 | 4:47 |  |
| 27 | Tue | 5:07 | 9.3 | 5:50 | 7.8 | 11:35 | 0.2 | 11:46 | 0.8 | 7:02 | 4:48 |  |
| 28 | Wed | 6:11 | 9.3 | 7:01 | 7.8 | | | 12:44 | 0.0 | 7:01 | 4:49 |  |
| 29 | Thu | 7:19 | 9.5 | 8:11 | 8.0 | 12:53 | 0.8 | 1:52 | -0.2 | 7:00 | 4:51 |  |
| 30 | Fri | 8:24 | 9.8 | 9:14 | 8.3 | 2:00 | 0.6 | 2:55 | -0.6 | 6:59 | 4:52 |  |
| 31 | Sat | 9:25 | 10.1 | 10:10 | 8.7 | 3:02 | 0.3 | 3:52 | -0.9 | 6:58 | 4:53 |  |