

































## Fort Point, Newcastle, NH - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:20	9.7	9:58	8.8	2:56	0.4	3:40	-0.5	6:18	5:31	
2	Mon	10:13	9.9	10:46	9.1	3:51	0.0	4:28	-0.7	6:16	5:33	
3	Tue	11:01	9.9	11:29	9.4	4:42	-0.3	5:12	-0.7	6:14	5:34	
4	Wed	11:46	9.8			5:28	-0.5	5:53	-0.6	6:13	5:35	
5	Thu	12:09	9.4	12:28	9.4	6:12	-0.5	6:32	-0.3	6:11	5:36	
6	Fri	12:47	9.4	1:09	9.0	6:54	-0.3	7:10	0.1	6:09	5:38	
7	Sat	1:24	9.2	1:51	8.5	7:36	-0.1	7:49	0.6	6:08	5:39	
8	Sun	3:02	8.9	3:34	8.0	9:19	0.3	9:30	1.1	7:06	6:40	
9	Mon	3:44	8.6	4:20	7.6	10:06	0.7	10:15	1.5	7:04	6:41	
10	Tue	4:30	8.3	5:12	7.2	10:57	1.1	11:05	1.9	7:03	6:43	
11	Wed	5:22	8.0	6:10	6.9	11:54	1.4			7:01	6:44	
12	Thu	6:20	7.8	7:13	6.8	12:01	2.1	12:56	1.5	6:59	6:45	
13	Fri	7:23	7.9	8:15	6.9	1:02	2.1	1:58	1.4	6:57	6:46	
14	Sat	8:23	8.1	9:09	7.2	2:03	2.0	2:53	1.2	6:56	6:47	
15	Sun	9:17	8.4	9:55	7.7	2:58	1.6	3:40	0.8	6:54	6:49	
16	Mon	10:03	8.8	10:35	8.2	3:47	1.1	4:22	0.4	6:52	6:50	
17	Tue	10:47	9.2	11:13	8.8	4:31	0.6	5:00	0.0	6:50	6:51	
18	Wed	11:28	9.5	11:51	9.4	5:13	0.0	5:37	-0.3	6:48	6:52	
19	Thu			12:10	9.7	5:55	-0.5	6:15	-0.5	6:47	6:53	
20	Fri	12:29	9.8	12:53	9.7	6:38	-0.9	6:55	-0.6	6:45	6:55	
21	Sat	1:09	10.1	1:38	9.6	7:23	-1.1	7:37	-0.5	6:43	6:56	
22	Sun	1:52	10.3	2:26	9.3	8:10	-1.1	8:23	-0.2	6:41	6:57	
23	Mon	2:39	10.2	3:18	8.9	9:01	-0.9	9:13	0.2	6:40	6:58	
24	Tue	3:32	9.9	4:17	8.4	9:58	-0.5	10:10	0.6	6:38	6:59	
25	Wed	4:31	9.6	5:22	8.0	11:01	-0.1	11:15	1.0	6:36	7:00	
26	Thu	5:38	9.2	6:34	7.8			12:10	0.2	6:34	7:02	
27	Fri	6:51	9.0	7:47	7.9	12:26	1.2	1:22	0.3	6:33	7:03	
28	Sat	8:05	9.0	8:53	8.2	1:39	1.1	2:30	0.3	6:31	7:04	
29	Sun	9:12	9.2	9:50	8.6	2:48	0.8	3:29	0.1	6:29	7:05	
30	Mon	10:09	9.3	10:39	9.0	3:47	0.4	4:21	-0.1	6:27	7:06	
31	Tue	10:59	9.4	11:23	9.3	4:40	0.0	5:06	-0.1	6:25	7:07	