US HARBORS www.USHarbors.com

Fort Point, Newcastle, NH - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:00	10.1	8:45	8.7	1:37	0.2	2:28	-0.8	7:14	4:18	
2	Wed	8:59	10.4	9:44	8.9	2:37	0.0	3:26	-1.1	7:14	4:19	
3	Thu	9:56	10.7	10:39	9.2	3:35	-0.2	4:21	-1.4	7:14	4:20	
4	Fri	10:50	10.7	11:31	9.3	4:29	-0.4	5:12	-1.5	7:14	4:21	
5	Sat	11:41	10.6			5:22	-0.5	6:02	-1.4	7:14	4:22	
6	Sun	12:21	9.3	12:31	10.4	6:13	-0.4	6:49	-1.1	7:14	4:23	
7	Mon	1:09	9.3	1:20	9.9	7:03	-0.2	7:35	-0.7	7:13	4:24	
8	Tue	1:56	9.1	2:08	9.4	7:53	0.1	8:22	-0.2	7:13	4:25	
9	Wed	2:43	8.9	2:58	8.8	8:45	0.5	9:09	0.3	7:13	4:26	
10	Thu	3:31	8.7	3:50	8.2	9:39	0.8	9:58	0.7	7:13	4:27	
11	Fri	4:20	8.5	4:45	7.7	10:35	1.0	10:49	1.2	7:12	4:28	
12	Sat	5:12	8.3	5:43	7.4	11:33	1.2	11:42	1.5	7:12	4:29	
13	Sun	6:06	8.2	6:44	7.2			12:32	1.2	7:12	4:31	
14	Mon	7:01	8.3	7:43	7.2	12:38	1.6	1:30	1.1	7:11	4:32	
15	Tue	7:54	8.4	8:35	7.4	1:32	1.6	2:22	0.9	7:11	4:33	
16	Wed	8:42	8.7	9:22	7.6	2:22	1.5	3:09	0.6	7:10	4:34	
17	Thu	9:26	9.0	10:04	7.8	3:08	1.2	3:51	0.3	7:10	4:35	
18	Fri	10:07	9.2	10:43	8.1	3:50	1.0	4:30	0.0	7:09	4:37	
19	Sat	10:46	9.5	11:20	8.4	4:30	0.7	5:07	-0.3	7:08	4:38	
20	Sun	11:25	9.7	11:57	8.7	5:09	0.4	5:43	-0.5	7:08	4:39	
21	Mon			12:04	9.7	5:49	0.1	6:19	-0.6	7:07	4:40	
22	Tue	12:35	9.0	12:45	9.7	6:30	-0.1	6:57	-0.7	7:06	4:42	
23	Wed	1:14	9.2	1:28	9.6	7:14	-0.2	7:39	-0.6	7:06	4:43	
24	Thu	1:57	9.4	2:16	9.3	8:02	-0.2	8:24	-0.5	7:05	4:44	
25	Fri	2:44	9.5	3:08	8.9	8:54	-0.2	9:14	-0.2	7:04	4:46	
26	Sat	3:36	9.5	4:06	8.5	9:53	-0.1	10:10	0.1	7:03	4:47	
27	Sun	4:33	9.5	5:11	8.2	10:56	0.0	11:11	0.4	7:02	4:48	
28	Mon	5:36	9.4	6:21	8.0			12:03	0.0	7:01	4:49	
29	Tue	6:43	9.5	7:32	8.1	12:17	0.5	1:12	-0.2	7:00	4:51	
30	Wed	7:50	9.7	8:37	8.4	1:24	0.5	2:18	-0.4	6:59	4:52	
31	Thu	8:52	10.0	9:35	8.7	2:28	0.2	3:16	-0.7	6:58	4:53	