

































## Hampton, NH - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:39	7.6	2:43	8.0	8:50	1.4	9:21	0.7	7:14	4:19	
2	Tue	3:23	7.5	3:30	7.7	9:38	1.5	10:03	1.0	7:14	4:20	
3	Wed	4:07	7.5	4:20	7.3	10:28	1.6	10:47	1.2	7:14	4:21	
4	Thu	4:53	7.6	5:13	7.1	11:21	1.5	11:34	1.4	7:14	4:21	
5	Fri	5:40	7.7	6:10	6.9			12:16	1.4	7:14	4:22	
6	Sat	6:30	7.9	7:09	6.9	12:24	1.5	1:14	1.2	7:14	4:23	
7	Sun	7:21	8.1	8:06	7.1	1:17	1.5	2:10	0.8	7:13	4:24	
8	Mon	8:12	8.5	8:58	7.3	2:11	1.4	3:02	0.4	7:13	4:25	
9	Tue	9:01	9.0	9:47	7.6	3:02	1.1	3:51	-0.1	7:13	4:27	
10	Wed	9:50	9.4	10:35	8.0	3:51	0.7	4:39	-0.6	7:13	4:28	
11	Thu	10:39	9.8	11:23	8.3	4:40	0.3	5:26	-0.9	7:12	4:29	
12	Fri	11:29	10.1			5:30	0.0	6:14	-1.2	7:12	4:30	
13	Sat	12:11	8.6	12:19	10.2	6:21	-0.3	7:02	-1.3	7:12	4:31	
14	Sun	12:59	8.9	1:10	10.1	7:13	-0.4	7:50	-1.3	7:11	4:32	
15	Mon	1:49	9.0	2:03	9.8	8:06	-0.4	8:40	-1.1	7:11	4:33	
16	Tue	2:41	9.1	2:59	9.3	9:03	-0.3	9:33	-0.7	7:10	4:34	
17	Wed	3:36	9.1	4:00	8.7	10:04	-0.2	10:28	-0.2	7:10	4:36	
18	Thu	4:33	9.0	5:04	8.2	11:08	0.0	11:26	0.3	7:09	4:37	
19	Fri	5:32	8.9	6:11	7.8			12:14	0.1	7:09	4:38	
20	Sat	6:34	8.8	7:19	7.6	12:27	0.7	1:23	0.2	7:08	4:39	
21	Sun	7:36	8.8	8:23	7.5	1:32	1.0	2:28	0.1	7:07	4:41	
22	Mon	8:34	8.8	9:20	7.6	2:34	1.0	3:25	0.0	7:07	4:42	
23	Tue	9:27	8.9	10:11	7.7	3:29	1.0	4:16	-0.1	7:06	4:43	
24	Wed	10:16	8.9	10:56	7.8	4:19	0.9	5:03	-0.2	7:05	4:44	
25	Thu	11:00	9.0	11:38	7.8	5:04	0.8	5:45	-0.2	7:04	4:46	
26	Fri	11:41	8.9			5:45	0.8	6:22	-0.1	7:03	4:47	
27	Sat	12:16	7.9	12:19	8.8	6:24	0.7	6:57	0.0	7:03	4:48	
28	Sun	12:51	7.9	12:55	8.6	7:01	0.8	7:30	0.1	7:02	4:50	
29	Mon	1:25	7.9	1:31	8.4	7:38	0.8	8:03	0.3	7:01	4:51	
30	Tue	2:00	7.9	2:09	8.0	8:17	0.9	8:38	0.6	7:00	4:52	
31	Wed	2:36	7.9	2:49	7.7	8:58	1.0	9:15	0.8	6:59	4:54	