

Hampton, NH - Jun 2025

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|------|-------|------|-------|------|-------|-----|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 3:55 | 9.2 | 4:45 | 8.2 | 10:42 | -0.1 | 10:58 | 1.2 | 5:06 | 8:15 | 🌑 |
| 2 | Mon | 4:55 | 8.7 | 5:42 | 8.1 | 11:38 | 0.3 | | | 5:06 | 8:16 | 🌑 |
| 3 | Tue | 5:54 | 8.2 | 6:37 | 8.1 | 12:00 | 1.3 | 12:33 | 0.7 | 5:06 | 8:17 | 🌑 |
| 4 | Wed | 6:54 | 7.9 | 7:30 | 8.1 | 1:03 | 1.4 | 1:27 | 1.0 | 5:05 | 8:17 | 🌑 |
| 5 | Thu | 7:53 | 7.6 | 8:21 | 8.2 | 2:04 | 1.4 | 2:19 | 1.2 | 5:05 | 8:18 | 🌑 |
| 6 | Fri | 8:49 | 7.5 | 9:08 | 8.4 | 3:01 | 1.2 | 3:09 | 1.4 | 5:04 | 8:19 | 🌑 |
| 7 | Sat | 9:41 | 7.4 | 9:51 | 8.5 | 3:52 | 1.0 | 3:54 | 1.5 | 5:04 | 8:19 | 🌑 |
| 8 | Sun | 10:28 | 7.5 | 10:32 | 8.6 | 4:38 | 0.7 | 4:36 | 1.5 | 5:04 | 8:20 | 🌑 |
| 9 | Mon | 11:12 | 7.5 | 11:11 | 8.7 | 5:19 | 0.5 | 5:15 | 1.5 | 5:04 | 8:20 | 🌑 |
| 10 | Tue | 11:54 | 7.5 | 11:49 | 8.8 | 5:59 | 0.4 | 5:54 | 1.5 | 5:04 | 8:21 | 🌑 |
| 11 | Wed | | | 12:34 | 7.6 | 6:37 | 0.3 | 6:32 | 1.5 | 5:04 | 8:22 | 🌑 |
| 12 | Thu | 12:28 | 8.9 | 1:13 | 7.6 | 7:14 | 0.3 | 7:10 | 1.4 | 5:03 | 8:22 | 🌑 |
| 13 | Fri | 1:05 | 8.9 | 1:51 | 7.6 | 7:52 | 0.2 | 7:49 | 1.4 | 5:03 | 8:23 | 🌑 |
| 14 | Sat | 1:44 | 9.0 | 2:29 | 7.7 | 8:30 | 0.2 | 8:31 | 1.3 | 5:03 | 8:23 | 🌑 |
| 15 | Sun | 2:25 | 9.0 | 3:10 | 7.8 | 9:11 | 0.1 | 9:16 | 1.3 | 5:03 | 8:23 | 🌑 |
| 16 | Mon | 3:09 | 8.9 | 3:55 | 8.0 | 9:54 | 0.1 | 10:06 | 1.1 | 5:03 | 8:24 | 🌑 |
| 17 | Tue | 3:58 | 8.8 | 4:42 | 8.3 | 10:40 | 0.1 | 11:00 | 1.0 | 5:03 | 8:24 | 🌑 |
| 18 | Wed | 4:51 | 8.7 | 5:32 | 8.6 | 11:29 | 0.1 | 11:57 | 0.8 | 5:04 | 8:24 | 🌑 |
| 19 | Thu | 5:48 | 8.5 | 6:24 | 8.9 | | | 12:20 | 0.2 | 5:04 | 8:25 | 🌑 |
| 20 | Fri | 6:48 | 8.4 | 7:19 | 9.3 | 12:57 | 0.5 | 1:14 | 0.3 | 5:04 | 8:25 | 🌑 |
| 21 | Sat | 7:52 | 8.3 | 8:16 | 9.6 | 1:59 | 0.2 | 2:12 | 0.4 | 5:04 | 8:25 | 🌑 |
| 22 | Sun | 8:56 | 8.3 | 9:13 | 9.9 | 3:02 | -0.2 | 3:11 | 0.4 | 5:04 | 8:25 | 🌑 |
| 23 | Mon | 9:58 | 8.4 | 10:09 | 10.1 | 4:03 | -0.6 | 4:09 | 0.3 | 5:05 | 8:26 | 🌑 |
| 24 | Tue | 10:56 | 8.5 | 11:05 | 10.3 | 5:00 | -0.9 | 5:05 | 0.3 | 5:05 | 8:26 | 🌑 |
| 25 | Wed | 11:53 | 8.6 | | | 5:56 | -1.0 | 6:00 | 0.2 | 5:05 | 8:26 | 🌑 |
| 26 | Thu | 12:00 | 10.3 | 12:48 | 8.6 | 6:50 | -1.1 | 6:55 | 0.3 | 5:06 | 8:26 | 🌑 |
| 27 | Fri | 12:54 | 10.2 | 1:40 | 8.6 | 7:42 | -0.9 | 7:48 | 0.4 | 5:06 | 8:26 | 🌑 |
| 28 | Sat | 1:47 | 9.9 | 2:31 | 8.5 | 8:33 | -0.7 | 8:41 | 0.6 | 5:07 | 8:26 | 🌑 |
| 29 | Sun | 2:38 | 9.5 | 3:22 | 8.4 | 9:22 | -0.4 | 9:35 | 0.8 | 5:07 | 8:26 | 🌑 |
| 30 | Mon | 3:30 | 9.1 | 4:13 | 8.3 | 10:11 | 0.0 | 10:30 | 1.0 | 5:08 | 8:26 | 🌑 |