

Hampton, NH - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:13	8.3	6:19	-0.2	6:23	0.8	5:36	7:43	
2	Sat	12:16	9.1	12:53	8.1	6:57	-0.1	7:00	1.0	5:35	7:45	
3	Sun	12:52	9.0	1:31	8.0	7:34	0.0	7:35	1.2	5:34	7:46	
4	Mon	1:27	8.9	2:08	7.8	8:11	0.2	8:12	1.4	5:32	7:47	
5	Tue	2:04	8.7	2:47	7.5	8:48	0.4	8:50	1.6	5:31	7:48	
6	Wed	2:42	8.5	3:29	7.4	9:29	0.6	9:32	1.7	5:30	7:49	
7	Thu	3:25	8.3	4:15	7.2	10:12	0.8	10:18	1.9	5:28	7:50	
8	Fri	4:12	8.1	5:04	7.2	10:59	0.9	11:09	1.9	5:27	7:51	
9	Sat	5:04	8.0	5:54	7.3	11:48	1.0			5:26	7:52	
10	Sun	5:57	7.9	6:44	7.5	12:03	1.9	12:38	1.0	5:25	7:53	
11	Mon	6:54	7.9	7:35	7.9	1:00	1.6	1:29	0.9	5:24	7:55	
12	Tue	7:51	8.0	8:24	8.5	1:58	1.3	2:21	0.7	5:23	7:56	
13	Wed	8:48	8.2	9:12	9.0	2:55	0.7	3:12	0.5	5:21	7:57	
14	Thu	9:42	8.5	9:59	9.6	3:49	0.0	4:01	0.2	5:20	7:58	
15	Fri	10:34	8.8	10:46	10.1	4:40	-0.6	4:50	0.0	5:19	7:59	
16	Sat	11:26	8.9	11:36	10.4	5:31	-1.1	5:39	-0.1	5:18	8:00	
17	Sun			12:19	9.0	6:22	-1.4	6:30	-0.2	5:17	8:01	
18	Mon	12:27	10.6	1:13	9.0	7:14	-1.5	7:23	-0.1	5:16	8:02	
19	Tue	1:20	10.5	2:07	8.9	8:08	-1.4	8:17	0.1	5:16	8:03	
20	Wed	2:15	10.3	3:05	8.7	9:03	-1.1	9:15	0.3	5:15	8:04	
21	Thu	3:13	9.9	4:05	8.5	10:02	-0.8	10:17	0.6	5:14	8:05	
22	Fri	4:16	9.4	5:08	8.4	11:03	-0.4	11:23	0.8	5:13	8:06	
23	Sat	5:22	9.0	6:10	8.4			12:05	0.0	5:12	8:07	
24	Sun	6:27	8.6	7:10	8.5	12:30	0.9	1:05	0.3	5:11	8:08	
25	Mon	7:32	8.3	8:07	8.6	1:38	0.9	2:04	0.6	5:11	8:09	
26	Tue	8:34	8.1	9:00	8.8	2:42	0.8	3:00	0.8	5:10	8:10	
27	Wed	9:31	8.0	9:47	8.9	3:40	0.6	3:50	0.9	5:09	8:11	
28	Thu	10:22	7.9	10:31	8.9	4:30	0.3	4:35	1.1	5:09	8:12	
29	Fri	11:08	7.9	11:11	9.0	5:16	0.2	5:17	1.2	5:08	8:12	
30	Sat	11:51	7.8	11:50	8.9	5:58	0.1	5:56	1.3	5:08	8:13	
31	Sun			12:32	7.8	6:37	0.2	6:34	1.4	5:07	8:14	