



Hampton, NH - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:44	8.9	1:26	7.7	7:30	0.3	7:26	1.4	5:08	8:25	☉
2	Thu	1:21	8.9	2:02	7.7	8:04	0.3	8:03	1.3	5:09	8:25	☉
3	Fri	1:57	8.8	2:38	7.8	8:39	0.2	8:43	1.3	5:09	8:25	☉
4	Sat	2:35	8.8	3:14	8.0	9:15	0.2	9:24	1.2	5:10	8:25	☾
5	Sun	3:15	8.6	3:53	8.2	9:53	0.3	10:10	1.1	5:10	8:25	☾
6	Mon	3:59	8.4	4:35	8.4	10:34	0.3	10:59	0.9	5:11	8:24	☾
7	Tue	4:48	8.3	5:20	8.7	11:19	0.4	11:52	0.8	5:12	8:24	☾
8	Wed	5:41	8.1	6:09	8.9			12:07	0.6	5:12	8:23	☾
9	Thu	6:39	7.9	7:03	9.2	12:49	0.5	1:00	0.7	5:13	8:23	☾
10	Fri	7:42	7.9	8:02	9.5	1:50	0.3	1:59	0.7	5:14	8:23	☾
11	Sat	8:48	7.9	9:03	9.8	2:54	0.0	3:00	0.6	5:15	8:22	☾
12	Sun	9:51	8.1	10:03	10.1	3:56	-0.4	4:01	0.4	5:15	8:22	☾
13	Mon	10:51	8.4	11:02	10.3	4:55	-0.8	5:00	0.2	5:16	8:21	☾
14	Tue	11:49	8.7	11:59	10.5	5:52	-1.0	5:58	0.0	5:17	8:20	☾
15	Wed			12:44	8.9	6:47	-1.2	6:55	-0.1	5:18	8:20	☾
16	Thu	12:55	10.4	1:38	9.0	7:40	-1.2	7:50	-0.2	5:19	8:19	☾
17	Fri	1:49	10.2	2:29	9.1	8:30	-1.0	8:45	0.0	5:20	8:18	☾
18	Sat	2:42	9.8	3:20	9.1	9:20	-0.7	9:41	0.2	5:20	8:18	☾
19	Sun	3:36	9.3	4:12	9.0	10:10	-0.3	10:38	0.4	5:21	8:17	☾
20	Mon	4:32	8.7	5:04	8.8	11:01	0.3	11:36	0.6	5:22	8:16	☾
21	Tue	5:29	8.1	5:55	8.6	11:52	0.8			5:23	8:15	☾
22	Wed	6:27	7.6	6:48	8.4	12:35	0.9	12:44	1.3	5:24	8:14	☾
23	Thu	7:27	7.3	7:43	8.3	1:35	1.0	1:39	1.6	5:25	8:13	☾
24	Fri	8:27	7.1	8:38	8.3	2:36	1.1	2:37	1.8	5:26	8:13	☾
25	Sat	9:23	7.1	9:30	8.4	3:33	1.0	3:31	1.8	5:27	8:12	☉
26	Sun	10:14	7.2	10:18	8.5	4:24	0.9	4:20	1.7	5:28	8:11	☉
27	Mon	11:00	7.3	11:01	8.7	5:09	0.7	5:04	1.5	5:29	8:10	☉
28	Tue	11:42	7.5	11:42	8.8	5:49	0.5	5:44	1.4	5:30	8:08	☉
29	Wed			12:21	7.7	6:27	0.3	6:23	1.2	5:31	8:07	☉
30	Thu	12:20	9.0	12:57	7.9	7:01	0.2	7:01	1.0	5:32	8:06	☉
31	Fri	12:57	9.0	1:31	8.1	7:34	0.1	7:39	0.9	5:33	8:05	☉