

Hampton, NH - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:33	9.0	2:05	8.3	8:08	0.0	8:17	0.7	5:34	8:04	
2	Sun	2:10	8.9	2:39	8.5	8:42	0.0	8:59	0.6	5:35	8:03	
3	Mon	2:49	8.8	3:17	8.7	9:20	0.1	9:43	0.5	5:36	8:02	
4	Tue	3:33	8.5	3:59	8.9	10:01	0.2	10:33	0.4	5:37	8:00	
5	Wed	4:23	8.3	4:47	9.0	10:48	0.4	11:27	0.4	5:38	7:59	
6	Thu	5:18	8.0	5:40	9.1	11:39	0.6			5:40	7:58	
7	Fri	6:18	7.8	6:39	9.2	12:25	0.4	12:36	0.8	5:41	7:57	
8	Sat	7:25	7.6	7:44	9.3	1:30	0.3	1:38	0.9	5:42	7:55	
9	Sun	8:34	7.7	8:51	9.5	2:38	0.1	2:46	0.8	5:43	7:54	
10	Mon	9:40	8.0	9:54	9.8	3:44	-0.2	3:50	0.5	5:44	7:52	
11	Tue	10:39	8.4	10:53	10.1	4:44	-0.5	4:51	0.2	5:45	7:51	
12	Wed	11:35	8.7	11:49	10.2	5:39	-0.8	5:48	-0.1	5:46	7:50	
13	Thu			12:27	9.0	6:31	-1.0	6:42	-0.3	5:47	7:48	
14	Fri	12:41	10.1	1:15	9.2	7:19	-0.9	7:34	-0.3	5:48	7:47	
15	Sat	1:31	9.9	2:02	9.3	8:05	-0.7	8:24	-0.3	5:49	7:45	
16	Sun	2:20	9.4	2:47	9.2	8:50	-0.4	9:14	0.0	5:50	7:44	
17	Mon	3:09	8.9	3:33	9.0	9:35	0.1	10:06	0.3	5:51	7:42	
18	Tue	4:01	8.3	4:21	8.7	10:21	0.7	10:59	0.6	5:52	7:41	
19	Wed	4:54	7.8	5:11	8.4	11:10	1.2	11:55	1.0	5:54	7:39	
20	Thu	5:50	7.3	6:05	8.1			12:02	1.6	5:55	7:38	
21	Fri	6:49	7.0	7:02	8.0	12:54	1.2	12:58	1.9	5:56	7:36	
22	Sat	7:50	6.9	8:01	8.0	1:56	1.3	1:58	2.0	5:57	7:34	
23	Sun	8:49	6.9	8:57	8.1	2:57	1.3	2:57	1.9	5:58	7:33	
24	Mon	9:41	7.1	9:47	8.4	3:50	1.1	3:49	1.7	5:59	7:31	
25	Tue	10:26	7.4	10:32	8.6	4:35	0.8	4:34	1.4	6:00	7:30	
26	Wed	11:07	7.7	11:12	8.8	5:15	0.5	5:15	1.1	6:01	7:28	
27	Thu	11:45	8.0	11:51	9.0	5:51	0.3	5:54	0.8	6:02	7:26	
28	Fri			12:20	8.4	6:25	0.1	6:33	0.5	6:03	7:25	
29	Sat	12:29	9.1	12:54	8.7	6:59	0.0	7:12	0.2	6:04	7:23	
30	Sun	1:06	9.1	1:28	8.9	7:33	-0.1	7:52	0.0	6:05	7:21	
31	Mon	1:45	9.0	2:04	9.2	8:10	-0.1	8:34	-0.1	6:07	7:20	