

































Hampton, NH - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:06	9.7	8:51	8.4	2:03	0.2	2:55	-0.7	7:14	4:19	
2	Wed	9:05	10.0	9:49	8.6	3:04	0.0	3:52	-1.1	7:14	4:20	
3	Thu	10:01	10.2	10:44	8.8	4:01	-0.2	4:47	-1.3	7:14	4:21	
4	Fri	10:55	10.3	11:36	9.0	4:56	-0.4	5:39	-1.4	7:14	4:22	
5	Sat	11:47	10.2			5:48	-0.4	6:28	-1.3	7:14	4:23	
6	Sun	12:26	9.0	12:37	9.9	6:39	-0.3	7:16	-1.1	7:13	4:24	
7	Mon	1:13	8.9	1:25	9.5	7:29	-0.2	8:02	-0.7	7:13	4:25	
8	Tue	2:01	8.8	2:14	9.0	8:20	0.1	8:48	-0.2	7:13	4:26	
9	Wed	2:49	8.6	3:05	8.4	9:12	0.4	9:35	0.3	7:13	4:27	
10	Thu	3:38	8.3	3:59	7.9	10:06	0.7	10:24	0.7	7:13	4:28	
11	Fri	4:28	8.1	4:54	7.4	11:02	1.0	11:14	1.1	7:12	4:29	
12	Sat	5:19	8.0	5:52	7.1			12:00	1.1	7:12	4:30	
13	Sun	6:13	7.9	6:52	6.9	12:07	1.4	1:00	1.1	7:12	4:32	
14	Mon	7:08	7.9	7:50	7.0	1:04	1.6	1:59	1.0	7:11	4:33	
15	Tue	8:01	8.1	8:42	7.1	2:00	1.6	2:51	0.8	7:11	4:34	
16	Wed	8:49	8.3	9:28	7.3	2:50	1.4	3:36	0.5	7:10	4:35	
17	Thu	9:33	8.6	10:11	7.6	3:34	1.2	4:17	0.2	7:10	4:36	
18	Fri	10:14	8.9	10:50	7.9	4:15	0.9	4:55	-0.1	7:09	4:38	
19	Sat	10:53	9.1	11:28	8.1	4:55	0.6	5:32	-0.3	7:08	4:39	
20	Sun	11:32	9.3			5:35	0.4	6:08	-0.5	7:08	4:40	
21	Mon	12:04	8.4	12:10	9.4	6:15	0.1	6:45	-0.7	7:07	4:41	
22	Tue	12:41	8.7	12:51	9.3	6:57	-0.1	7:24	-0.7	7:06	4:43	
23	Wed	1:20	8.9	1:33	9.2	7:41	-0.2	8:05	-0.6	7:05	4:44	
24	Thu	2:02	9.0	2:21	8.9	8:29	-0.3	8:51	-0.5	7:05	4:45	
25	Fri	2:49	9.1	3:14	8.6	9:21	-0.2	9:41	-0.2	7:04	4:46	
26	Sat	3:41	9.1	4:13	8.2	10:19	-0.1	10:36	0.1	7:03	4:48	
27	Sun	4:38	9.0	5:17	7.9	11:21	0.0	11:36	0.4	7:02	4:49	
28	Mon	5:41	9.0	6:27	7.7			12:29	0.0	7:01	4:50	
29	Tue	6:49	9.1	7:38	7.8	12:42	0.6	1:40	-0.1	7:00	4:52	
30	Wed	7:56	9.3	8:43	8.0	1:51	0.5	2:46	-0.4	6:59	4:53	
31	Thu	8:58	9.5	9:40	8.4	2:56	0.3	3:44	-0.7	6:58	4:54	