



Hampton, NH - Jan 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 10:43 | 9.8 | 11:21 | 8.7 | 4:45 | 0.0 | 5:24 | -1.0 | 7:14 | 4:19 | ☀ |
| 2 | Sun | 11:29 | 10.1 | | | 5:32 | -0.3 | 6:09 | -1.3 | 7:14 | 4:20 | ☀ |
| 3 | Mon | 12:07 | 9.0 | 12:17 | 10.2 | 6:20 | -0.5 | 6:56 | -1.4 | 7:14 | 4:21 | ☀ |
| 4 | Tue | 12:54 | 9.2 | 1:06 | 10.1 | 7:10 | -0.6 | 7:44 | -1.4 | 7:14 | 4:22 | ☀ |
| 5 | Wed | 1:43 | 9.3 | 1:58 | 9.8 | 8:02 | -0.6 | 8:34 | -1.2 | 7:14 | 4:23 | ☀ |
| 6 | Thu | 2:35 | 9.3 | 2:54 | 9.4 | 8:58 | -0.4 | 9:28 | -0.9 | 7:13 | 4:24 | ☀ |
| 7 | Fri | 3:32 | 9.3 | 3:55 | 9.0 | 9:59 | -0.3 | 10:25 | -0.5 | 7:13 | 4:25 | ☀ |
| 8 | Sat | 4:31 | 9.2 | 4:59 | 8.6 | 11:02 | -0.1 | 11:25 | -0.1 | 7:13 | 4:26 | ☀ |
| 9 | Sun | 5:32 | 9.1 | 6:07 | 8.2 | | | 12:09 | 0.0 | 7:13 | 4:27 | ☀ |
| 10 | Mon | 6:35 | 9.1 | 7:14 | 8.1 | 12:28 | 0.2 | 1:18 | 0.0 | 7:12 | 4:28 | ☀ |
| 11 | Tue | 7:38 | 9.1 | 8:18 | 8.1 | 1:33 | 0.4 | 2:23 | -0.2 | 7:12 | 4:30 | ☀ |
| 12 | Wed | 8:36 | 9.2 | 9:15 | 8.2 | 2:34 | 0.4 | 3:21 | -0.4 | 7:12 | 4:31 | ☀ |
| 13 | Thu | 9:28 | 9.3 | 10:06 | 8.3 | 3:29 | 0.3 | 4:12 | -0.5 | 7:11 | 4:32 | ☀ |
| 14 | Fri | 10:17 | 9.4 | 10:53 | 8.4 | 4:19 | 0.3 | 4:59 | -0.6 | 7:11 | 4:33 | ☀ |
| 15 | Sat | 11:02 | 9.3 | 11:36 | 8.4 | 5:05 | 0.3 | 5:42 | -0.6 | 7:10 | 4:34 | ☀ |
| 16 | Sun | 11:43 | 9.2 | | | 5:48 | 0.3 | 6:22 | -0.5 | 7:10 | 4:35 | ☀ |
| 17 | Mon | 12:16 | 8.4 | 12:23 | 9.1 | 6:28 | 0.3 | 6:58 | -0.3 | 7:09 | 4:37 | ☀ |
| 18 | Tue | 12:54 | 8.3 | 1:01 | 8.8 | 7:07 | 0.4 | 7:34 | -0.1 | 7:09 | 4:38 | ☀ |
| 19 | Wed | 1:31 | 8.2 | 1:39 | 8.5 | 7:46 | 0.6 | 8:10 | 0.1 | 7:08 | 4:39 | ☀ |
| 20 | Thu | 2:08 | 8.1 | 2:18 | 8.2 | 8:26 | 0.8 | 8:48 | 0.4 | 7:07 | 4:40 | ☀ |
| 21 | Fri | 2:47 | 8.0 | 3:02 | 7.8 | 9:09 | 0.9 | 9:28 | 0.7 | 7:07 | 4:42 | ☀ |
| 22 | Sat | 3:30 | 7.9 | 3:49 | 7.5 | 9:56 | 1.1 | 10:12 | 0.9 | 7:06 | 4:43 | ☀ |
| 23 | Sun | 4:15 | 7.9 | 4:40 | 7.2 | 10:46 | 1.2 | 10:59 | 1.2 | 7:05 | 4:44 | ☀ |
| 24 | Mon | 5:04 | 7.9 | 5:35 | 7.1 | 11:39 | 1.2 | 11:51 | 1.3 | 7:04 | 4:45 | ☀ |
| 25 | Tue | 5:56 | 7.9 | 6:34 | 7.1 | | | 12:37 | 1.1 | 7:04 | 4:47 | ☀ |
| 26 | Wed | 6:52 | 8.2 | 7:34 | 7.2 | 12:47 | 1.2 | 1:37 | 0.8 | 7:03 | 4:48 | ☀ |
| 27 | Thu | 7:48 | 8.6 | 8:29 | 7.6 | 1:45 | 1.0 | 2:33 | 0.3 | 7:02 | 4:49 | ☀ |
| 28 | Fri | 8:41 | 9.1 | 9:20 | 8.1 | 2:40 | 0.6 | 3:24 | -0.3 | 7:01 | 4:51 | ☀ |
| 29 | Sat | 9:31 | 9.6 | 10:09 | 8.6 | 3:32 | 0.1 | 4:12 | -0.8 | 7:00 | 4:52 | ☀ |
| 30 | Sun | 10:21 | 10.0 | 10:57 | 9.1 | 4:22 | -0.4 | 5:00 | -1.3 | 6:59 | 4:53 | ☀ |
| 31 | Mon | 11:10 | 10.3 | 11:45 | 9.5 | 5:12 | -0.8 | 5:48 | -1.6 | 6:58 | 4:55 | ☀ |