

































## Hampton, NH - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:08	9.0	1:49	7.8	7:54	0.2	7:53	1.3	5:08	8:25	
2	Sun	1:47	8.9	2:27	7.8	8:30	0.3	8:32	1.3	5:09	8:25	
3	Mon	2:25	8.7	3:04	7.8	9:05	0.4	9:12	1.4	5:09	8:25	
4	Tue	3:04	8.4	3:42	7.9	9:41	0.5	9:55	1.4	5:10	8:25	
5	Wed	3:45	8.2	4:22	8.0	10:19	0.7	10:40	1.4	5:11	8:24	
6	Thu	4:29	7.9	5:02	8.1	10:59	0.9	11:27	1.4	5:11	8:24	
7	Fri	5:17	7.6	5:45	8.2	11:41	1.1			5:12	8:24	
8	Sat	6:07	7.4	6:31	8.3	12:18	1.3	12:27	1.2	5:13	8:23	
9	Sun	7:02	7.3	7:22	8.6	1:11	1.2	1:17	1.3	5:13	8:23	
10	Mon	8:02	7.3	8:17	8.9	2:09	0.9	2:13	1.3	5:14	8:22	
11	Tue	9:02	7.5	9:13	9.3	3:08	0.5	3:10	1.1	5:15	8:22	
12	Wed	9:59	7.7	10:08	9.7	4:05	0.1	4:07	0.8	5:16	8:21	
13	Thu	10:54	8.1	11:03	10.1	5:00	-0.4	5:02	0.4	5:17	8:21	
14	Fri	11:49	8.5	11:58	10.4	5:53	-0.8	5:57	0.1	5:17	8:20	
15	Sat			12:42	8.8	6:45	-1.1	6:52	-0.2	5:18	8:20	
16	Sun	12:52	10.5	1:34	9.2	7:36	-1.3	7:48	-0.3	5:19	8:19	
17	Mon	1:46	10.4	2:26	9.4	8:27	-1.3	8:43	-0.4	5:20	8:18	
18	Tue	2:41	10.1	3:19	9.5	9:18	-1.1	9:41	-0.3	5:21	8:17	
19	Wed	3:37	9.7	4:13	9.5	10:10	-0.7	10:41	-0.1	5:22	8:17	
20	Thu	4:37	9.1	5:08	9.4	11:04	-0.2	11:42	0.1	5:23	8:16	
21	Fri	5:38	8.5	6:05	9.2			12:00	0.3	5:24	8:15	
22	Sat	6:41	8.0	7:03	9.0	12:46	0.3	12:58	0.8	5:25	8:14	
23	Sun	7:46	7.7	8:03	8.9	1:51	0.4	1:59	1.2	5:26	8:13	
24	Mon	8:49	7.5	9:02	8.8	2:56	0.5	3:00	1.4	5:27	8:12	
25	Tue	9:47	7.5	9:55	8.8	3:55	0.5	3:57	1.4	5:28	8:11	
26	Wed	10:39	7.5	10:44	8.9	4:47	0.4	4:47	1.3	5:29	8:10	
27	Thu	11:25	7.6	11:28	8.9	5:33	0.3	5:32	1.3	5:30	8:09	
28	Fri			12:07	7.7	6:15	0.3	6:13	1.2	5:31	8:08	
29	Sat	12:09	8.9	12:46	7.9	6:53	0.2	6:52	1.1	5:32	8:07	
30	Sun	12:47	8.9	1:21	8.0	7:27	0.2	7:29	1.1	5:33	8:06	
31	Mon	1:23	8.8	1:55	8.1	7:59	0.3	8:05	1.0	5:34	8:05	