


































## Hampton, NH - Jan 2054

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Thu | 4:52  | 8.9  | 5:17  | 8.5  | 11:21 | 0.2  | 11:47 | 0.0  | 7:14  | 4:19 |    |
| 2    | Fri | 5:53  | 8.8  | 6:23  | 8.2  |       |      | 12:28 | 0.3  | 7:14  | 4:20 |    |
| 3    | Sat | 6:53  | 8.8  | 7:27  | 8.0  | 12:48 | 0.4  | 1:34  | 0.3  | 7:14  | 4:21 |    |
| 4    | Sun | 7:50  | 8.8  | 8:26  | 7.9  | 1:49  | 0.6  | 2:34  | 0.1  | 7:14  | 4:22 |    |
| 5    | Mon | 8:43  | 8.9  | 9:19  | 8.0  | 2:44  | 0.6  | 3:26  | 0.0  | 7:13  | 4:23 |    |
| 6    | Tue | 9:30  | 9.0  | 10:06 | 8.0  | 3:34  | 0.7  | 4:13  | -0.1 | 7:13  | 4:24 |    |
| 7    | Wed | 10:13 | 9.0  | 10:49 | 8.0  | 4:18  | 0.7  | 4:56  | -0.2 | 7:13  | 4:25 |    |
| 8    | Thu | 10:53 | 9.0  | 11:29 | 8.0  | 4:59  | 0.7  | 5:35  | -0.2 | 7:13  | 4:26 |    |
| 9    | Fri | 11:31 | 9.0  |       |      | 5:37  | 0.7  | 6:11  | -0.2 | 7:13  | 4:27 |    |
| 10   | Sat | 12:06 | 8.0  | 12:08 | 8.9  | 6:13  | 0.7  | 6:45  | -0.1 | 7:12  | 4:28 |    |
| 11   | Sun | 12:42 | 8.0  | 12:43 | 8.8  | 6:49  | 0.7  | 7:19  | 0.0  | 7:12  | 4:29 |    |
| 12   | Mon | 1:17  | 8.0  | 1:18  | 8.6  | 7:25  | 0.8  | 7:53  | 0.1  | 7:12  | 4:31 |   |
| 13   | Tue | 1:52  | 7.9  | 1:56  | 8.4  | 8:04  | 0.9  | 8:30  | 0.2  | 7:11  | 4:32 |  |
| 14   | Wed | 2:29  | 7.9  | 2:36  | 8.2  | 8:45  | 0.9  | 9:10  | 0.4  | 7:11  | 4:33 |  |
| 15   | Thu | 3:09  | 7.9  | 3:21  | 7.9  | 9:31  | 1.0  | 9:53  | 0.5  | 7:10  | 4:34 |  |
| 16   | Fri | 3:53  | 8.0  | 4:11  | 7.7  | 10:20 | 1.0  | 10:40 | 0.7  | 7:10  | 4:35 |  |
| 17   | Sat | 4:41  | 8.1  | 5:06  | 7.6  | 11:14 | 0.9  | 11:31 | 0.7  | 7:09  | 4:36 |  |
| 18   | Sun | 5:33  | 8.3  | 6:06  | 7.6  |       |      | 12:12 | 0.7  | 7:09  | 4:38 |  |
| 19   | Mon | 6:30  | 8.6  | 7:09  | 7.7  | 12:27 | 0.7  | 1:14  | 0.3  | 7:08  | 4:39 |  |
| 20   | Tue | 7:30  | 9.1  | 8:11  | 8.1  | 1:27  | 0.5  | 2:15  | -0.2 | 7:07  | 4:40 |  |
| 21   | Wed | 8:28  | 9.6  | 9:09  | 8.5  | 2:27  | 0.2  | 3:13  | -0.8 | 7:07  | 4:41 |  |
| 22   | Thu | 9:23  | 10.1 | 10:04 | 8.9  | 3:23  | -0.3 | 4:08  | -1.3 | 7:06  | 4:43 |  |
| 23   | Fri | 10:18 | 10.5 | 10:58 | 9.3  | 4:18  | -0.7 | 5:01  | -1.7 | 7:05  | 4:44 |  |
| 24   | Sat | 11:12 | 10.7 | 11:50 | 9.6  | 5:13  | -1.0 | 5:53  | -1.9 | 7:04  | 4:45 |  |
| 25   | Sun |       |      | 12:06 | 10.7 | 6:07  | -1.2 | 6:44  | -2.0 | 7:04  | 4:47 |  |
| 26   | Mon | 12:42 | 9.7  | 12:59 | 10.5 | 7:00  | -1.2 | 7:35  | -1.8 | 7:03  | 4:48 |  |
| 27   | Tue | 1:34  | 9.7  | 1:53  | 10.0 | 7:55  | -1.0 | 8:27  | -1.4 | 7:02  | 4:49 |  |
| 28   | Wed | 2:27  | 9.5  | 2:49  | 9.5  | 8:52  | -0.7 | 9:21  | -0.8 | 7:01  | 4:51 |  |
| 29   | Thu | 3:23  | 9.2  | 3:49  | 8.8  | 9:52  | -0.3 | 10:17 | -0.3 | 7:00  | 4:52 |  |
| 30   | Fri | 4:21  | 8.9  | 4:51  | 8.3  | 10:54 | 0.0  | 11:15 | 0.3  | 6:59  | 4:53 |  |
| 31   | Sat | 5:20  | 8.7  | 5:55  | 7.8  | 11:59 | 0.3  |       |      | 6:58  | 4:54 |  |