US HARBORS www.USHarbors.com

Hampton, NH - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:43	8.5	5:23	7.6	11:25	0.4	11:41	1.1	6:18	5:32	
2	Mon	5:43	8.2	6:27	7.3			12:29	0.7	6:16	5:34	
3	Tue	6:44	8.0	7:29	7.3	12:44	1.4	1:33	0.8	6:14	5:35	
4	Wed	7:44	8.0	8:24	7.4	1:47	1.4	2:31	0.7	6:13	5:36	
5	Thu	8:37	8.2	9:13	7.6	2:43	1.2	3:21	0.5	6:11	5:37	
6	Fri	9:24	8.4	9:55	7.9	3:30	1.0	4:04	0.3	6:09	5:38	
7	Sat	10:06	8.6	10:34	8.1	4:12	0.7	4:41	0.2	6:08	5:40	
8	Sun	11:45	8.7			5:51	0.5	6:16	0.0	7:06	6:41	
9	Mon	12:10	8.3	12:21	8.8	6:26	0.3	6:48	0.0	7:04	6:42	
10	Tue	12:44	8.5	12:56	8.8	7:01	0.1	7:20	-0.1	7:02	6:43	
11	Wed	1:15	8.6	1:30	8.8	7:36	0.0	7:53	0.0	7:01	6:44	
12	Thu	1:47	8.7	2:06	8.6	8:12	-0.1	8:28	0.0	6:59	6:46	
13	Fri	2:21	8.8	2:44	8.5	8:51	-0.1	9:06	0.2	6:57	6:47	
14	Sat	2:59	8.8	3:27	8.3	9:34	-0.1	9:49	0.3	6:56	6:48	
15	Sun	3:42	8.8	4:16	8.1	10:22	0.0	10:38	0.5	6:54	6:49	
16	Mon	4:33	8.8	5:13	7.9	11:17	0.1	11:33	0.7	6:52	6:50	
17	Tue	5:31	8.7	6:15	7.8			12:17	0.2	6:50	6:52	
18	Wed	6:35	8.8	7:24	7.9	12:35	0.7	1:22	0.1	6:49	6:53	
19	Thu	7:44	8.9	8:32	8.2	1:42	0.6	2:30	-0.1	6:47	6:54	
20	Fri	8:52	9.3	9:34	8.7	2:50	0.3	3:34	-0.5	6:45	6:55	
21	Sat	9:54	9.6	10:30	9.2	3:54	-0.2	4:32	-0.9	6:43	6:56	
22	Sun	10:51	10.0	11:22	9.7	4:52	-0.7	5:24	-1.2	6:41	6:58	
23	Mon	11:45	10.1			5:46	-1.1	6:14	-1.4	6:40	6:59	
24	Tue	12:11	10.0	12:36	10.1	6:38	-1.4	7:03	-1.3	6:38	7:00	
25	Wed	12:59	10.1	1:26	9.9	7:28	-1.4	7:49	-1.0	6:36	7:01	
26	Thu	1:45	10.0	2:15	9.5	8:17	-1.2	8:35	-0.6	6:34	7:02	
27	Fri	2:31	9.7	3:04	9.0	9:06	-0.9	9:23	-0.1	6:33	7:03	
28	Sat	3:19	9.3	3:56	8.5	9:57	-0.4	10:12	0.5	6:31	7:04	
29	Sun	4:09	8.8	4:51	7.9	10:50	0.1	11:06	1.0	6:29	7:06	
30	Mon	5:04	8.4	5:49	7.6	11:47	0.5			6:27	7:07	
31	Tue	6:01	8.0	6:48	7.3	12:03	1.4	12:47	0.9	6:26	7:08	