US HARBORS www.USHarbors.com

Portsmouth, NH - Jan 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:24	7.8	4:41	7.7	10:23	0.8	10:52	0.4	7:19	4:23	
2	Sat	5:19	7.7	5:41	7.3	11:25	1.0	11:47	0.8	7:19	4:23	
3	Sun	6:14	7.6	6:42	7.1			12:27	1.0	7:19	4:24	
4	Mon	7:08	7.7	7:41	7.0	12:43	1.0	1:28	0.9	7:19	4:25	
5	Tue	8:00	7.8	8:34	7.0	1:37	1.1	2:22	0.7	7:19	4:26	
6	Wed	8:47	7.9	9:23	7.1	2:27	1.2	3:09	0.5	7:18	4:27	
7	Thu	9:30	8.1	10:07	7.2	3:11	1.1	3:52	0.3	7:18	4:28	
8	Fri	10:10	8.2	10:48	7.3	3:52	1.0	4:31	0.1	7:18	4:29	
9	Sat	10:49	8.4	11:27	7.4	4:30	0.9	5:09	0.0	7:18	4:30	
10	Sun	11:26	8.5			5:07	0.8	5:44	-0.1	7:18	4:32	
11	Mon	12:04	7.4	12:03	8.5	5:44	0.7	6:19	-0.2	7:17	4:33	
12	Tue	12:40	7.5	12:39	8.6	6:21	0.6	6:55	-0.3	7:17	4:34	
13	Wed	1:15	7.6	1:17	8.5	7:01	0.6	7:33	-0.3	7:17	4:35	
14	Thu	1:53	7.7	1:58	8.4	7:43	0.5	8:14	-0.3	7:16	4:36	
15	Fri	2:34	7.8	2:44	8.3	8:29	0.5	8:59	-0.2	7:16	4:37	
16	Sat	3:20	7.9	3:36	8.1	9:21	0.4	9:47	-0.1	7:15	4:38	
17	Sun	4:10	8.1	4:32	7.8	10:17	0.3	10:40	0.1	7:15	4:40	
18	Mon	5:05	8.2	5:34	7.6	11:17	0.2	11:37	0.2	7:14	4:41	
19	Tue	6:03	8.4	6:41	7.6			12:22	0.0	7:13	4:42	
20	Wed	7:06	8.7	7:49	7.6	12:38	0.3	1:29	-0.3	7:13	4:43	
21	Thu	8:08	9.0	8:53	7.9	1:42	0.2	2:33	-0.6	7:12	4:45	
22	Fri	9:07	9.3	9:51	8.1	2:43	0.0	3:31	-1.0	7:11	4:46	
23	Sat	10:04	9.5	10:47	8.3	3:41	-0.2	4:27	-1.3	7:10	4:47	
24	Sun	10:58	9.7	11:39	8.5	4:36	-0.4	5:19	-1.4	7:10	4:49	
25	Mon	11:50	9.6			5:29	-0.4	6:09	-1.3	7:09	4:50	
26	Tue	12:29	8.5	12:41	9.4	6:20	-0.4	6:57	-1.1	7:08	4:51	
27	Wed	1:17	8.4	1:29	9.1	7:10	-0.3	7:43	-0.8	7:07	4:52	
28	Thu	2:04	8.3	2:18	8.6	8:00	0.0	8:30	-0.4	7:06	4:54	
29	Fri	2:52	8.1	3:09	8.1	8:51	0.3	9:18	0.1	7:05	4:55	
30	Sat	3:41	7.8	4:03	7.5	9:45	0.6	10:06	0.6	7:04	4:56	
31	Sun	4:32	7.6	4:58	7.1	10:41	0.9	10:57	1.0	7:03	4:58	