

Portsmouth, NH - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:00	8.6	2:41	7.7	8:19	-0.1	8:26	0.9	5:05	8:15	
2	Wed	2:41	8.6	3:23	7.8	9:00	-0.1	9:12	0.8	5:05	8:16	
3	Thu	3:26	8.5	4:09	7.9	9:45	-0.1	10:02	0.8	5:05	8:17	
4	Fri	4:17	8.4	4:59	8.1	10:34	-0.1	10:58	0.7	5:04	8:17	
5	Sat	5:12	8.3	5:53	8.3	11:26	0.0	11:56	0.5	5:04	8:18	
6	Sun	6:12	8.2	6:48	8.6			12:21	0.0	5:04	8:19	
7	Mon	7:14	8.1	7:47	8.9	12:58	0.3	1:19	0.0	5:03	8:19	
8	Tue	8:20	8.2	8:46	9.3	2:02	0.0	2:19	0.0	5:03	8:20	
9	Wed	9:23	8.3	9:43	9.6	3:05	-0.4	3:18	-0.1	5:03	8:21	
10	Thu	10:23	8.4	10:38	9.8	4:04	-0.8	4:15	-0.2	5:03	8:21	
11	Fri	11:20	8.6	11:32	9.9	5:00	-1.1	5:10	-0.3	5:02	8:22	
12	Sat			12:15	8.7	5:54	-1.3	6:04	-0.2	5:02	8:22	
13	Sun	12:26	9.9	1:09	8.7	6:47	-1.3	6:57	-0.1	5:02	8:23	
14	Mon	1:18	9.8	2:00	8.6	7:38	-1.1	7:49	0.0	5:02	8:23	
15	Tue	2:08	9.5	2:50	8.4	8:27	-0.8	8:40	0.3	5:02	8:24	
16	Wed	2:59	9.0	3:41	8.2	9:17	-0.5	9:33	0.6	5:02	8:24	
17	Thu	3:51	8.6	4:33	8.1	10:07	-0.1	10:28	0.9	5:02	8:24	
18	Fri	4:44	8.1	5:24	7.9	10:57	0.3	11:24	1.1	5:03	8:25	
19	Sat	5:39	7.7	6:15	7.8	11:46	0.7			5:03	8:25	
20	Sun	6:34	7.3	7:05	7.8	12:21	1.2	12:36	1.0	5:03	8:25	
21	Mon	7:30	7.1	7:56	7.8	1:18	1.2	1:28	1.2	5:03	8:26	
22	Tue	8:27	7.0	8:47	7.9	2:15	1.2	2:20	1.3	5:03	8:26	
23	Wed	9:20	7.0	9:34	8.1	3:09	1.0	3:09	1.4	5:04	8:26	
24	Thu	10:09	7.1	10:17	8.3	3:56	0.8	3:54	1.3	5:04	8:26	
25	Fri	10:54	7.2	10:59	8.4	4:39	0.5	4:37	1.2	5:04	8:26	
26	Sat	11:37	7.4	11:39	8.6	5:20	0.3	5:17	1.0	5:05	8:26	
27	Sun			12:18	7.5	5:59	0.1	5:58	0.9	5:05	8:26	
28	Mon	12:19	8.8	12:58	7.7	6:37	-0.1	6:39	0.7	5:05	8:26	
29	Tue	12:59	8.9	1:37	7.9	7:16	-0.3	7:22	0.6	5:06	8:26	
30	Wed	1:40	9.0	2:18	8.1	7:56	-0.4	8:06	0.4	5:06	8:26	