

Portsmouth, NH - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:33	7.5	9:50	8.5	3:19	0.3	3:27	0.8	5:07	8:26	
2	Sun	10:25	7.5	10:36	8.6	4:11	0.2	4:16	0.9	5:07	8:26	
3	Mon	11:12	7.5	11:20	8.6	4:58	0.2	5:00	0.9	5:08	8:25	
4	Tue	11:56	7.6			5:41	0.1	5:42	1.0	5:08	8:25	
5	Wed	12:00	8.6	12:37	7.6	6:21	0.1	6:21	1.0	5:09	8:25	
6	Thu	12:39	8.5	1:16	7.6	6:57	0.1	6:58	1.0	5:10	8:25	
7	Fri	1:16	8.5	1:52	7.6	7:32	0.1	7:35	1.0	5:10	8:24	
8	Sat	1:52	8.4	2:28	7.6	8:06	0.2	8:12	1.0	5:11	8:24	
9	Sun	2:28	8.3	3:04	7.7	8:41	0.2	8:51	1.0	5:12	8:24	
10	Mon	3:06	8.1	3:42	7.7	9:18	0.3	9:33	1.0	5:13	8:23	
11	Tue	3:47	8.0	4:22	7.8	9:58	0.4	10:19	1.0	5:13	8:23	
12	Wed	4:32	7.8	5:05	7.9	10:41	0.5	11:08	0.9	5:14	8:22	
13	Thu	5:21	7.7	5:52	8.1	11:27	0.5			5:15	8:21	
14	Fri	6:14	7.6	6:43	8.4	12:01	0.8	12:17	0.5	5:16	8:21	
15	Sat	7:12	7.5	7:38	8.6	12:58	0.6	1:12	0.5	5:17	8:20	
16	Sun	8:14	7.7	8:36	9.0	1:58	0.3	2:11	0.4	5:17	8:20	
17	Mon	9:16	7.9	9:34	9.4	2:59	-0.2	3:10	0.1	5:18	8:19	
18	Tue	10:15	8.2	10:31	9.8	3:57	-0.6	4:08	-0.2	5:19	8:18	
19	Wed	11:13	8.6	11:27	10.1	4:53	-1.1	5:04	-0.5	5:20	8:17	
20	Thu			12:08	8.9	5:48	-1.4	6:00	-0.7	5:21	8:17	
21	Fri	12:23	10.2	1:03	9.1	6:41	-1.6	6:56	-0.8	5:22	8:16	
22	Sat	1:18	10.2	1:57	9.2	7:34	-1.6	7:51	-0.7	5:23	8:15	
23	Sun	2:12	9.9	2:50	9.2	8:26	-1.4	8:47	-0.6	5:24	8:14	
24	Mon	3:07	9.5	3:44	9.1	9:19	-1.0	9:45	-0.3	5:25	8:13	
25	Tue	4:05	9.0	4:40	8.9	10:13	-0.6	10:45	0.0	5:26	8:12	
26	Wed	5:04	8.5	5:36	8.7	11:08	-0.1	11:46	0.3	5:27	8:11	
27	Thu	6:04	8.0	6:33	8.5			12:05	0.4	5:28	8:10	
28	Fri	7:05	7.6	7:31	8.3	12:48	0.5	1:03	0.8	5:29	8:09	
29	Sat	8:06	7.3	8:28	8.2	1:52	0.6	2:02	1.0	5:30	8:08	
30	Sun	9:05	7.2	9:22	8.2	2:52	0.6	2:59	1.1	5:31	8:07	
31	Mon	9:58	7.3	10:10	8.3	3:45	0.5	3:50	1.1	5:32	8:06	