US HARBORS www.USHarbors.com

Portsmouth, NH - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:52	7.8	1:58	8.6	7:43	0.4	8:14	-0.4	7:14	4:18	
2	Tue	2:35	8.0	2:47	8.3	8:32	0.4	9:00	-0.2	7:14	4:19	
3	Wed	3:22	8.1	3:40	8.1	9:26	0.3	9:49	0.0	7:14	4:20	
4	Thu	4:14	8.3	4:39	7.8	10:24	0.2	10:43	0.2	7:14	4:21	
5	Fri	5:09	8.4	5:43	7.5	11:26	0.2	11:41	0.4	7:14	4:22	
6	Sat	6:09	8.5	6:51	7.4			12:32	0.0	7:14	4:23	
7	Sun	7:12	8.7	8:00	7.4	12:44	0.5	1:40	-0.2	7:14	4:24	
8	Mon	8:15	8.9	9:03	7.6	1:48	0.5	2:43	-0.5	7:14	4:25	
9	Tue	9:14	9.2	10:01	7.8	2:50	0.3	3:41	-0.8	7:13	4:26	
10	Wed	10:11	9.3	10:55	8.0	3:47	0.2	4:36	-1.0	7:13	4:27	
11	Thu	11:04	9.4	11:46	8.1	4:41	0.0	5:27	-1.0	7:13	4:28	
12	Fri	11:55	9.3			5:33	0.0	6:14	-0.9	7:12	4:29	
13	Sat	12:33	8.1	12:42	9.1	6:22	0.0	6:59	-0.7	7:12	4:30	
14	Sun	1:19	8.1	1:29	8.7	7:10	0.1	7:43	-0.4	7:12	4:32	
15	Mon	2:03	8.0	2:15	8.3	7:58	0.3	8:26	0.0	7:11	4:33	
16	Tue	2:48	7.9	3:03	7.7	8:47	0.6	9:09	0.4	7:11	4:34	
17	Wed	3:33	7.7	3:54	7.2	9:38	0.8	9:54	0.8	7:10	4:35	
18	Thu	4:20	7.5	4:47	6.8	10:31	1.0	10:42	1.2	7:09	4:36	
19	Fri	5:09	7.4	5:44	6.5	11:27	1.2	11:33	1.5	7:09	4:38	
20	Sat	6:02	7.3	6:44	6.3			12:27	1.2	7:08	4:39	
21	Sun	6:57	7.3	7:44	6.3	12:29	1.7	1:28	1.1	7:08	4:40	
22	Mon	7:53	7.5	8:39	6.5	1:27	1.7	2:23	0.9	7:07	4:41	
23	Tue	8:43	7.7	9:27	6.7	2:20	1.5	3:11	0.6	7:06	4:43	
24	Wed	9:29	8.0	10:10	7.0	3:07	1.3	3:53	0.3	7:05	4:44	
25	Thu	10:12	8.4	10:51	7.3	3:50	1.0	4:33	-0.1	7:04	4:45	
26	Fri	10:53	8.7	11:30	7.6	4:32	0.6	5:11	-0.4	7:04	4:47	
27	Sat	11:33	8.9			5:13	0.3	5:48	-0.6	7:03	4:48	
28	Sun	12:07	8.0	12:14	9.0	5:55	0.0	6:26	-0.8	7:02	4:49	
29	Mon	12:45	8.3	12:56	9.0	6:39	-0.2	7:06	-0.8	7:01	4:51	
30	Tue	1:25	8.5	1:40	8.8	7:24	-0.4	7:48	-0.7	7:00	4:52	
31	Wed	2:08	8.7	2:28	8.5	8:13	-0.4	8:34	-0.5	6:59	4:53	