

































## Portsmouth, NH - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:10	7.4	2:10	7.9	7:59	1.0	8:23	0.3	7:14	4:18	
2	Fri	2:46	7.5	2:58	7.7	8:41	0.9	9:05	0.4	7:14	4:19	
3	Sat	3:28	7.6	3:46	7.5	9:35	0.9	9:53	0.5	7:14	4:20	
4	Sun	4:16	7.8	4:40	7.3	10:23	0.8	10:41	0.6	7:14	4:21	
5	Mon	5:04	8.0	5:40	7.1	11:23	0.6	11:35	0.7	7:14	4:22	
6	Tue	6:04	8.2	6:40	7.1			12:23	0.3	7:14	4:23	
7	Wed	7:04	8.5	7:46	7.3	12:35	0.7	1:29	0.0	7:14	4:24	
8	Thu	8:04	8.9	8:52	7.6	1:41	0.5	2:35	-0.4	7:13	4:25	
9	Fri	9:04	9.3	9:52	7.9	2:41	0.2	3:29	-0.9	7:13	4:26	
10	Sat	10:04	9.7	10:46	8.2	3:35	-0.1	4:29	-1.3	7:13	4:27	
11	Sun	10:58	9.9	11:40	8.5	4:35	-0.4	5:17	-1.5	7:13	4:29	
12	Mon	11:52	9.9			5:29	-0.6	6:11	-1.6	7:12	4:30	
13	Tue	12:34	8.7	12:46	9.8	6:23	-0.7	6:59	-1.4	7:12	4:31	
14	Wed	1:22	8.8	1:40	9.4	7:17	-0.6	7:53	-1.1	7:11	4:32	
15	Thu	2:16	8.7	2:34	8.8	8:11	-0.4	8:41	-0.6	7:11	4:33	
16	Fri	3:04	8.6	3:28	8.2	9:11	-0.1	9:35	-0.1	7:10	4:34	
17	Sat	3:58	8.3	4:28	7.6	10:11	0.2	10:29	0.5	7:10	4:36	
18	Sun	4:52	8.1	5:28	7.1	11:11	0.5	11:23	0.9	7:09	4:37	
19	Mon	5:46	7.8	6:28	6.8			12:11	0.7	7:09	4:38	
20	Tue	6:46	7.7	7:34	6.6	12:23	1.3	1:17	0.8	7:08	4:39	
21	Wed	7:46	7.7	8:28	6.7	1:23	1.5	2:17	0.7	7:07	4:41	
22	Thu	8:40	7.8	9:22	6.8	2:17	1.4	3:05	0.5	7:06	4:42	
23	Fri	9:28	7.9	10:04	7.0	3:05	1.3	3:53	0.4	7:06	4:43	
24	Sat	10:10	8.1	10:46	7.1	3:53	1.1	4:29	0.2	7:05	4:45	
25	Sun	10:46	8.2	11:22	7.3	4:29	0.9	5:05	0.1	7:04	4:46	
26	Mon	11:28	8.3	11:58	7.5	5:05	0.8	5:41	-0.1	7:03	4:47	
27	Tue	11:58	8.4			5:41	0.6	6:11	-0.1	7:02	4:48	
28	Wed	12:34	7.6	12:34	8.3	6:17	0.5	6:47	-0.1	7:01	4:50	
29	Thu	1:04	7.8	1:10	8.2	6:53	0.4	7:17	-0.1	7:00	4:51	
30	Fri	1:34	7.9	1:46	8.0	7:35	0.3	7:53	0.0	6:59	4:52	
31	Sat	2:10	8.0	2:28	7.8	8:17	0.3	8:35	0.2	6:58	4:54	