

































Portsmouth, NH - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:12	9.8	11:54	8.5	4:50	-0.3	5:34	-1.4	7:14	4:18	
2	Sat			12:05	9.9	5:43	-0.5	6:24	-1.5	7:14	4:19	
3	Sun	12:45	8.7	12:57	9.8	6:36	-0.7	7:14	-1.5	7:14	4:20	
4	Mon	1:36	8.8	1:51	9.5	7:31	-0.6	8:06	-1.2	7:14	4:21	
5	Tue	2:29	8.9	2:48	9.0	8:28	-0.5	8:59	-0.9	7:14	4:22	
6	Wed	3:25	8.8	3:48	8.5	9:29	-0.3	9:55	-0.4	7:14	4:23	
7	Thu	4:22	8.6	4:52	7.9	10:32	0.0	10:52	0.1	7:14	4:24	
8	Fri	5:21	8.5	5:57	7.5	11:37	0.1	11:53	0.5	7:14	4:25	
9	Sat	6:22	8.3	7:04	7.2			12:45	0.2	7:13	4:26	
10	Sun	7:23	8.2	8:07	7.1	12:56	0.8	1:50	0.2	7:13	4:27	
11	Mon	8:21	8.2	9:04	7.1	1:58	1.0	2:48	0.1	7:13	4:28	
12	Tue	9:13	8.3	9:55	7.2	2:53	1.0	3:39	0.0	7:12	4:29	
13	Wed	10:01	8.4	10:40	7.3	3:41	0.9	4:24	0.0	7:12	4:31	
14	Thu	10:44	8.4	11:21	7.4	4:25	0.8	5:05	-0.1	7:11	4:32	
15	Fri	11:24	8.4	11:59	7.5	5:06	0.8	5:42	-0.1	7:11	4:33	
16	Sat			12:01	8.4	5:43	0.7	6:16	0.0	7:10	4:34	
17	Sun	12:34	7.5	12:36	8.3	6:20	0.7	6:49	0.0	7:10	4:35	
18	Mon	1:08	7.6	1:11	8.1	6:55	0.7	7:21	0.1	7:09	4:37	
19	Tue	1:41	7.6	1:47	7.8	7:32	0.8	7:54	0.3	7:09	4:38	
20	Wed	2:15	7.6	2:25	7.6	8:11	0.8	8:30	0.5	7:08	4:39	
21	Thu	2:51	7.6	3:07	7.3	8:54	0.9	9:10	0.7	7:07	4:40	
22	Fri	3:32	7.6	3:54	7.0	9:41	0.9	9:54	0.9	7:07	4:42	
23	Sat	4:17	7.6	4:47	6.8	10:32	0.9	10:43	1.1	7:06	4:43	
24	Sun	5:08	7.7	5:46	6.7	11:29	0.8	11:38	1.1	7:05	4:44	
25	Mon	6:05	7.9	6:50	6.7			12:32	0.6	7:04	4:46	
26	Tue	7:07	8.2	7:56	7.0	12:39	1.0	1:36	0.3	7:03	4:47	
27	Wed	8:09	8.6	8:56	7.4	1:43	0.7	2:37	-0.2	7:02	4:48	
28	Thu	9:08	9.1	9:51	7.9	2:43	0.3	3:32	-0.8	7:01	4:49	
29	Fri	10:04	9.6	10:44	8.4	3:40	-0.2	4:25	-1.2	7:01	4:51	
30	Sat	10:58	9.9	11:35	8.9	4:35	-0.7	5:15	-1.6	7:00	4:52	
31	Sun	11:50	10.0			5:28	-1.0	6:04	-1.7	6:58	4:53	