

































Portsmouth, NH - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:40	8.5	8:15	7.6	1:13	0.3	1:59	0.0	7:14	4:18	
2	Wed	8:34	8.6	9:11	7.6	2:11	0.5	2:55	-0.1	7:14	4:19	
3	Thu	9:24	8.6	10:02	7.6	3:03	0.5	3:45	-0.3	7:14	4:20	
4	Fri	10:09	8.7	10:48	7.6	3:50	0.6	4:31	-0.3	7:14	4:21	
5	Sat	10:52	8.6	11:30	7.6	4:34	0.6	5:13	-0.3	7:14	4:22	
6	Sun	11:32	8.6			5:15	0.7	5:52	-0.3	7:14	4:23	
7	Mon	12:10	7.6	12:10	8.5	5:53	0.7	6:29	-0.2	7:14	4:24	
8	Tue	12:47	7.5	12:47	8.3	6:30	0.8	7:04	0.0	7:14	4:25	
9	Wed	1:24	7.4	1:24	8.2	7:08	0.9	7:39	0.1	7:13	4:26	
10	Thu	2:01	7.3	2:02	7.9	7:46	1.0	8:16	0.3	7:13	4:27	
11	Fri	2:39	7.3	2:43	7.7	8:28	1.1	8:56	0.5	7:13	4:28	
12	Sat	3:20	7.3	3:28	7.4	9:13	1.2	9:38	0.7	7:12	4:29	
13	Sun	4:03	7.3	4:17	7.2	10:02	1.2	10:23	0.8	7:12	4:30	
14	Mon	4:49	7.4	5:09	7.0	10:54	1.1	11:11	0.9	7:12	4:32	
15	Tue	5:38	7.5	6:06	6.9	11:50	1.0			7:11	4:33	
16	Wed	6:31	7.8	7:07	7.0	12:04	0.9	12:49	0.7	7:11	4:34	
17	Thu	7:26	8.2	8:07	7.2	1:00	0.8	1:49	0.2	7:10	4:35	
18	Fri	8:22	8.6	9:04	7.6	1:58	0.6	2:45	-0.3	7:09	4:36	
19	Sat	9:15	9.1	9:57	8.0	2:53	0.2	3:38	-0.8	7:09	4:38	
20	Sun	10:08	9.6	10:50	8.3	3:46	-0.2	4:30	-1.3	7:08	4:39	
21	Mon	11:01	9.9	11:42	8.6	4:39	-0.5	5:22	-1.6	7:07	4:40	
22	Tue	11:54	10.0			5:32	-0.8	6:13	-1.7	7:07	4:41	
23	Wed	12:33	8.9	12:47	10.0	6:26	-0.9	7:04	-1.7	7:06	4:43	
24	Thu	1:25	8.9	1:41	9.7	7:20	-0.8	7:55	-1.4	7:05	4:44	
25	Fri	2:18	8.9	2:37	9.2	8:16	-0.7	8:49	-1.0	7:04	4:45	
26	Sat	3:14	8.8	3:37	8.7	9:16	-0.4	9:45	-0.5	7:03	4:47	
27	Sun	4:11	8.6	4:39	8.1	10:18	-0.1	10:43	0.0	7:03	4:48	
28	Mon	5:10	8.4	5:44	7.6	11:24	0.1	11:43	0.4	7:02	4:49	
29	Tue	6:11	8.2	6:50	7.3			12:31	0.3	7:01	4:51	
30	Wed	7:12	8.1	7:55	7.2	12:46	0.7	1:37	0.3	7:00	4:52	
31	Thu	8:11	8.1	8:52	7.2	1:48	0.9	2:36	0.2	6:59	4:53	