US HARBORS www.USHarbors.com

Portsmouth, NH - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**1:28**	8.3	**2:11**	7.2	**7:50**	0.3	**7:48**	1.4	5:07	8:26	
2	Sat	**2:05**	8.3	**2:47**	7.3	**8:26**	0.3	**8:26**	1.4	5:08	8:26	
3	Sun	**2:43**	8.2	**3:25**	7.3	**9:02**	0.4	**9:07**	1.4	5:08	8:25	
4	Mon	**3:22**	8.1	**4:04**	7.4	**9:40**	0.4	**9:52**	1.3	5:09	8:25	
5	Tue	**4:06**	7.9	**4:46**	7.6	**10:21**	0.5	**10:40**	1.2	5:09	8:25	
6	Wed	**4:53**	7.8	**5:29**	7.8	**11:04**	0.5	**11:31**	1.1	5:10	8:25	
7	Thu	**5:43**	7.6	**6:15**	8.1	**11:50**	0.6			5:11	8:24	
8	Fri	**6:38**	7.5	**7:06**	8.4	**12:25**	0.8	**12:40**	0.6	5:11	8:24	
9	Sat	**7:38**	7.5	**8:00**	8.7	**1:23**	0.5	**1:35**	0.6	5:12	8:23	
10	Sun	**8:40**	7.6	**8:57**	9.1	**2:24**	0.2	**2:33**	0.5	5:13	8:23	
11	Mon	**9:41**	7.7	**9:54**	9.5	**3:24**	-0.3	**3:31**	0.4	5:14	8:22	
12	Tue	**10:40**	8.0	**10:51**	9.8	**4:22**	-0.7	**4:28**	0.2	5:14	8:22	
13	Wed	**11:38**	8.2	**11:48**	10.0	**5:18**	-1.0	**5:25**	0.0	5:15	8:21	
14	Thu			**12:35**	8.4	**6:14**	-1.2	**6:22**	-0.2	5:16	8:21	
15	Fri	**12:45**	10.0	**1:30**	8.5	**7:09**	-1.3	**7:18**	-0.2	5:17	8:20	
16	Sat	**1:41**	9.9	**2:24**	8.6	**8:02**	-1.2	**8:14**	-0.1	5:18	8:19	
17	Sun	**2:36**	9.6	**3:18**	8.6	**8:55**	-1.0	**9:12**	0.0	5:19	8:19	
18	Mon	**3:32**	9.2	**4:13**	8.5	**9:48**	-0.6	**10:11**	0.2	5:20	8:18	
19	Tue	**4:30**	8.6	**5:08**	8.4	**10:41**	-0.2	**11:12**	0.4	5:21	8:17	
20	Wed	**5:29**	8.1	**6:02**	8.3	**11:35**	0.3			5:21	8:16	
21	Thu	**6:29**	7.6	**6:57**	8.2	**12:13**	0.6	**12:29**	0.8	5:22	8:16	
22	Fri	**7:30**	7.2	**7:52**	8.1	**1:15**	0.7	**1:25**	1.1	5:23	8:15	
23	Sat	**8:31**	7.0	**8:46**	8.0	**2:17**	0.8	**2:22**	1.4	5:24	8:14	
24	Sun	**9:28**	6.9	**9:38**	8.1	**3:15**	0.7	**3:16**	1.5	5:25	8:13	
25	Mon	**10:20**	7.0	**10:25**	8.1	**4:06**	0.6	**4:05**	1.5	5:26	8:12	
26	Tue	**11:06**	7.0	**11:09**	8.2	**4:52**	0.5	**4:50**	1.4	5:27	8:11	
27	Wed	**11:50**	7.1	**11:50**	8.3	**5:35**	0.4	**5:31**	1.3	5:28	8:10	
28	Thu			**12:30**	7.2	**6:14**	0.3	**6:10**	1.2	5:29	8:09	
29	Fri	**12:29**	8.4	**1:07**	7.4	**6:50**	0.2	**6:47**	1.1	5:30	8:08	
30	Sat	**1:06**	8.4	**1:43**	7.5	**7:24**	0.2	**7:24**	1.1	5:31	8:07	
31	Sun	**1:42**	8.4	**2:17**	7.6	**7:57**	0.2	**8:01**	1.0	5:32	8:05	