

































Portsmouth, NH - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:58	8.2	7:34	7.3	12:30	0.6	1:17	0.3	7:14	4:18	
2	Mon	7:54	8.3	8:33	7.2	1:29	0.8	2:17	0.2	7:14	4:19	
3	Tue	8:45	8.3	9:26	7.2	2:24	0.9	3:10	0.1	7:14	4:20	
4	Wed	9:32	8.3	10:14	7.2	3:13	1.0	3:58	0.0	7:14	4:21	
5	Thu	10:16	8.4	10:57	7.2	3:58	1.0	4:41	-0.1	7:14	4:22	
6	Fri	10:58	8.4	11:38	7.2	4:40	1.0	5:21	0.0	7:14	4:23	
7	Sat	11:37	8.3			5:19	1.0	5:58	0.0	7:14	4:24	
8	Sun	12:15	7.2	12:14	8.3	5:56	1.0	6:34	0.1	7:14	4:25	
9	Mon	12:51	7.2	12:50	8.2	6:32	1.0	7:08	0.1	7:13	4:26	
10	Tue	1:27	7.2	1:26	8.1	7:09	1.0	7:42	0.2	7:13	4:27	
11	Wed	2:02	7.2	2:03	7.9	7:47	1.1	8:18	0.4	7:13	4:28	
12	Thu	2:39	7.2	2:43	7.6	8:29	1.1	8:56	0.5	7:12	4:29	
13	Fri	3:18	7.3	3:28	7.4	9:15	1.1	9:37	0.7	7:12	4:30	
14	Sat	4:00	7.4	4:18	7.1	10:04	1.1	10:22	0.8	7:12	4:32	
15	Sun	4:46	7.6	5:12	6.9	10:57	1.0	11:12	0.9	7:11	4:33	
16	Mon	5:36	7.8	6:12	6.9	11:55	0.8			7:11	4:34	
17	Tue	6:32	8.0	7:16	6.9	12:07	1.0	12:58	0.5	7:10	4:35	
18	Wed	7:31	8.4	8:19	7.2	1:06	0.9	2:00	0.0	7:09	4:36	
19	Thu	8:31	8.8	9:18	7.5	2:07	0.6	2:59	-0.4	7:09	4:38	
20	Fri	9:28	9.3	10:14	7.9	3:05	0.3	3:55	-0.9	7:08	4:39	
21	Sat	10:24	9.6	11:09	8.2	4:01	-0.1	4:49	-1.3	7:07	4:40	
22	Sun	11:19	9.9			4:56	-0.4	5:41	-1.5	7:07	4:41	
23	Mon	12:02	8.5	12:13	9.9	5:51	-0.6	6:32	-1.6	7:06	4:43	
24	Tue	12:53	8.7	1:06	9.7	6:45	-0.7	7:23	-1.4	7:05	4:44	
25	Wed	1:44	8.8	2:00	9.3	7:40	-0.6	8:13	-1.1	7:04	4:45	
26	Thu	2:37	8.7	2:56	8.8	8:37	-0.4	9:06	-0.6	7:03	4:47	
27	Fri	3:31	8.6	3:55	8.2	9:36	-0.1	10:00	0.0	7:03	4:48	
28	Sat	4:26	8.3	4:57	7.6	10:38	0.1	10:56	0.5	7:02	4:49	
29	Sun	5:23	8.1	6:01	7.1	11:42	0.4	11:55	1.0	7:01	4:51	
30	Mon	6:22	7.9	7:06	6.8			12:48	0.5	7:00	4:52	
31	Tue	7:22	7.8	8:09	6.8	12:57	1.3	1:52	0.5	6:59	4:53	