





























Portsmouth, NH - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:00	7.8	8:24	8.9	1:43	0.2	1:55	0.5	5:07	8:26	
2	Tue	9:05	7.7	9:21	9.0	2:48	0.0	2:55	0.6	5:08	8:26	
3	Wed	10:06	7.6	10:16	9.1	3:48	-0.2	3:52	0.7	5:08	8:25	
4	Thu	11:02	7.7	11:08	9.1	4:43	-0.4	4:46	0.7	5:09	8:25	
5	Fri	11:54	7.7	11:59	9.1	5:35	-0.4	5:37	0.8	5:10	8:25	
6	Sat			12:44	7.7	6:25	-0.4	6:26	0.8	5:10	8:24	
7	Sun	12:46	9.0	1:30	7.7	7:11	-0.3	7:12	0.9	5:11	8:24	
8	Mon	1:32	8.8	2:13	7.6	7:54	-0.1	7:57	1.0	5:12	8:24	
9	Tue	2:15	8.6	2:55	7.6	8:35	0.1	8:41	1.1	5:13	8:23	
10	Wed	2:57	8.3	3:37	7.5	9:15	0.3	9:26	1.2	5:13	8:23	
11	Thu	3:41	7.9	4:19	7.5	9:55	0.6	10:13	1.3	5:14	8:22	
12	Fri	4:27	7.6	5:02	7.5	10:36	0.8	11:01	1.4	5:15	8:22	
13	Sat	5:15	7.2	5:46	7.5	11:18	1.1	11:51	1.5	5:16	8:21	
14	Sun	6:05	6.9	6:30	7.5			12:01	1.4	5:17	8:20	
15	Mon	6:58	6.7	7:18	7.6	12:44	1.4	12:48	1.6	5:17	8:20	
16	Tue	7:55	6.6	8:09	7.7	1:39	1.4	1:40	1.7	5:18	8:19	
17	Wed	8:53	6.6	9:00	8.0	2:36	1.2	2:33	1.7	5:19	8:18	
18	Thu	9:46	6.7	9:50	8.3	3:29	0.9	3:25	1.5	5:20	8:18	
19	Fri	10:36	7.0	10:39	8.6	4:18	0.5	4:15	1.2	5:21	8:17	
20	Sat	11:25	7.3	11:27	9.0	5:06	0.1	5:04	0.9	5:22	8:16	
21	Sun			12:12	7.6	5:53	-0.3	5:53	0.6	5:23	8:15	
22	Mon	12:16	9.3	12:59	7.9	6:39	-0.6	6:43	0.3	5:24	8:14	
23	Tue	1:05	9.5	1:46	8.3	7:25	-0.8	7:34	0.0	5:25	8:13	
24	Wed	1:54	9.5	2:33	8.6	8:11	-0.9	8:26	-0.1	5:26	8:12	
25	Thu	2:45	9.3	3:22	8.8	8:59	-0.8	9:20	-0.2	5:27	8:11	
26	Fri	3:38	9.0	4:14	8.9	9:49	-0.6	10:18	-0.1	5:28	8:10	
27	Sat	4:36	8.6	5:08	8.9	10:41	-0.3	11:18	0.0	5:29	8:09	
28	Sun	5:37	8.1	6:04	8.8	11:36	0.1			5:30	8:08	
29	Mon	6:40	7.7	7:03	8.7	12:21	0.1	12:34	0.5	5:31	8:07	
30	Tue	7:47	7.4	8:06	8.6	1:28	0.2	1:37	0.9	5:32	8:06	
31	Wed	8:54	7.3	9:08	8.6	2:35	0.2	2:41	1.0	5:33	8:05	