
































Portsmouth, NH - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:31	8.1	5:11	7.8	10:45	0.4	11:11	1.1	5:07	8:26	
2	Wed	5:25	7.6	6:00	7.7	11:33	0.8			5:08	8:26	
3	Thu	6:20	7.2	6:49	7.7	12:07	1.3	12:21	1.1	5:08	8:25	
4	Fri	7:16	6.9	7:39	7.7	1:04	1.3	1:10	1.4	5:09	8:25	
5	Sat	8:14	6.7	8:29	7.7	2:02	1.3	2:02	1.7	5:10	8:25	
6	Sun	9:10	6.7	9:18	7.8	2:57	1.1	2:54	1.7	5:10	8:25	
7	Mon	10:01	6.7	10:04	8.0	3:48	1.0	3:42	1.7	5:11	8:24	
8	Tue	10:49	6.8	10:48	8.2	4:33	0.7	4:27	1.6	5:12	8:24	
9	Wed	11:33	7.0	11:30	8.4	5:16	0.5	5:09	1.5	5:12	8:23	
10	Thu			12:15	7.1	5:56	0.3	5:50	1.3	5:13	8:23	
11	Fri	12:11	8.5	12:55	7.3	6:35	0.1	6:31	1.1	5:14	8:22	
12	Sat	12:52	8.7	1:34	7.5	7:13	0.0	7:13	0.9	5:15	8:22	
13	Sun	1:32	8.8	2:12	7.7	7:51	-0.2	7:56	0.7	5:16	8:21	
14	Mon	2:14	8.8	2:53	8.0	8:31	-0.3	8:42	0.6	5:16	8:21	
15	Tue	2:58	8.7	3:35	8.2	9:13	-0.3	9:32	0.4	5:17	8:20	
16	Wed	3:46	8.5	4:22	8.4	9:58	-0.2	10:25	0.3	5:18	8:19	
17	Thu	4:39	8.3	5:12	8.6	10:47	0.0	11:22	0.3	5:19	8:19	
18	Fri	5:37	8.0	6:05	8.8	11:38	0.2			5:20	8:18	
19	Sat	6:38	7.7	7:02	8.8	12:22	0.2	12:34	0.4	5:21	8:17	
20	Sun	7:44	7.5	8:04	8.9	1:26	0.1	1:35	0.6	5:22	8:16	
21	Mon	8:51	7.5	9:07	9.0	2:33	0.0	2:39	0.7	5:23	8:15	
22	Tue	9:55	7.6	10:07	9.2	3:37	-0.2	3:41	0.6	5:24	8:14	
23	Wed	10:54	7.7	11:04	9.3	4:36	-0.4	4:40	0.5	5:25	8:14	
24	Thu	11:50	7.9	11:59	9.4	5:31	-0.6	5:35	0.4	5:26	8:13	
25	Fri			12:42	8.0	6:23	-0.6	6:27	0.3	5:27	8:12	
26	Sat	12:50	9.3	1:30	8.1	7:11	-0.6	7:17	0.4	5:28	8:11	
27	Sun	1:38	9.1	2:15	8.1	7:55	-0.4	8:05	0.5	5:29	8:10	
28	Mon	2:24	8.8	2:58	8.1	8:38	-0.1	8:53	0.6	5:30	8:08	
29	Tue	3:09	8.3	3:41	8.0	9:20	0.2	9:41	0.8	5:31	8:07	
30	Wed	3:56	7.9	4:25	7.9	10:02	0.6	10:30	1.0	5:32	8:06	
31	Thu	4:45	7.4	5:10	7.7	10:45	1.0	11:21	1.2	5:33	8:05	