

































Portsmouth, NH - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:48	9.2	9:35	7.8	2:23	0.3	3:15	-0.8	7:14	4:18	
2	Fri	9:45	9.5	10:32	8.0	3:22	0.1	4:12	-1.1	7:14	4:19	
3	Sat	10:42	9.7	11:27	8.2	4:18	-0.1	5:07	-1.3	7:14	4:20	
4	Sun	11:36	9.7			5:13	-0.2	5:59	-1.3	7:14	4:21	
5	Mon	12:20	8.3	12:29	9.6	6:07	-0.2	6:50	-1.2	7:14	4:22	
6	Tue	1:10	8.3	1:21	9.3	7:00	-0.1	7:39	-0.9	7:14	4:23	
7	Wed	2:01	8.2	2:13	8.8	7:53	0.1	8:28	-0.5	7:14	4:24	
8	Thu	2:51	8.1	3:06	8.2	8:48	0.3	9:18	0.0	7:13	4:25	
9	Fri	3:42	7.9	4:02	7.7	9:45	0.6	10:08	0.5	7:13	4:26	
10	Sat	4:34	7.8	4:59	7.2	10:43	0.8	10:59	0.9	7:13	4:27	
11	Sun	5:26	7.6	5:58	6.8	11:43	1.0	11:52	1.3	7:13	4:28	
12	Mon	6:19	7.5	6:59	6.6			12:44	1.0	7:12	4:30	
13	Tue	7:14	7.5	7:58	6.5	12:49	1.5	1:44	0.9	7:12	4:31	
14	Wed	8:07	7.6	8:51	6.6	1:45	1.6	2:37	0.8	7:11	4:32	
15	Thu	8:56	7.8	9:39	6.8	2:36	1.5	3:24	0.6	7:11	4:33	
16	Fri	9:41	8.0	10:22	6.9	3:21	1.4	4:06	0.3	7:10	4:34	
17	Sat	10:22	8.2	11:02	7.1	4:02	1.2	4:45	0.1	7:10	4:35	
18	Sun	11:01	8.4	11:40	7.3	4:41	1.0	5:21	0.0	7:09	4:37	
19	Mon	11:39	8.5			5:19	0.8	5:56	-0.2	7:09	4:38	
20	Tue	12:15	7.5	12:15	8.6	5:57	0.6	6:30	-0.3	7:08	4:39	
21	Wed	12:49	7.7	12:52	8.6	6:35	0.4	7:05	-0.4	7:07	4:40	
22	Thu	1:24	7.9	1:31	8.5	7:16	0.3	7:43	-0.3	7:06	4:42	
23	Fri	2:02	8.0	2:14	8.3	8:00	0.2	8:24	-0.2	7:06	4:43	
24	Sat	2:43	8.2	3:03	8.0	8:49	0.2	9:09	0.0	7:05	4:44	
25	Sun	3:30	8.3	3:57	7.6	9:43	0.1	9:59	0.3	7:04	4:46	
26	Mon	4:22	8.3	4:57	7.3	10:41	0.2	10:54	0.5	7:03	4:47	
27	Tue	5:20	8.4	6:04	7.1	11:45	0.2	11:56	0.7	7:02	4:48	
28	Wed	6:24	8.4	7:16	7.1			12:55	0.1	7:01	4:50	
29	Thu	7:33	8.6	8:25	7.2	1:04	0.8	2:04	-0.2	7:00	4:51	
30	Fri	8:38	8.8	9:27	7.5	2:12	0.6	3:07	-0.5	6:59	4:52	
31	Sat	9:39	9.1	10:23	7.9	3:14	0.3	4:04	-0.8	6:58	4:54	