

































Portsmouth, NH - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:21	7.8	6:04	-0.1	6:08	0.7	5:36	7:44	
2	Sat	12:24	8.6	1:01	7.7	6:42	-0.1	6:45	0.9	5:34	7:45	
3	Sun	1:00	8.5	1:39	7.5	7:19	0.0	7:20	1.1	5:33	7:46	
4	Mon	1:35	8.4	2:16	7.3	7:56	0.1	7:57	1.3	5:32	7:47	
5	Tue	2:12	8.2	2:55	7.1	8:33	0.4	8:35	1.5	5:30	7:48	
6	Wed	2:50	8.0	3:37	6.9	9:14	0.6	9:17	1.6	5:29	7:49	
7	Thu	3:33	7.8	4:23	6.8	9:57	0.8	10:03	1.8	5:28	7:50	
8	Fri	4:20	7.6	5:12	6.8	10:44	0.9	10:54	1.8	5:27	7:51	
9	Sat	5:12	7.5	6:02	6.9	11:33	1.0	11:48	1.8	5:25	7:53	
10	Sun	6:05	7.5	6:52	7.1			12:23	0.9	5:24	7:54	
11	Mon	7:02	7.5	7:43	7.5	12:45	1.6	1:14	0.9	5:23	7:55	
12	Tue	7:59	7.6	8:32	8.0	1:43	1.2	2:06	0.7	5:22	7:56	
13	Wed	8:56	7.8	9:20	8.6	2:40	0.7	2:57	0.5	5:21	7:57	
14	Thu	9:50	8.0	10:07	9.1	3:34	0.0	3:46	0.2	5:20	7:58	
15	Fri	10:42	8.3	10:54	9.6	4:25	-0.5	4:35	0.0	5:19	7:59	
16	Sat	11:34	8.5	11:44	9.9	5:16	-1.0	5:24	-0.1	5:18	8:00	
17	Sun			12:27	8.5	6:07	-1.3	6:15	-0.2	5:17	8:01	
18	Mon	12:35	10.0	1:21	8.5	6:59	-1.4	7:08	-0.1	5:16	8:02	
19	Tue	1:28	10.0	2:15	8.4	7:53	-1.3	8:02	0.1	5:15	8:03	
20	Wed	2:23	9.7	3:13	8.2	8:48	-1.1	9:00	0.3	5:14	8:04	
21	Thu	3:21	9.4	4:13	8.1	9:47	-0.7	10:02	0.6	5:13	8:05	
22	Fri	4:24	8.9	5:16	8.0	10:48	-0.3	11:08	0.8	5:12	8:06	
23	Sat	5:30	8.5	6:18	8.0	11:50	0.0			5:11	8:07	
24	Sun	6:35	8.1	7:18	8.0	12:15	0.9	12:50	0.3	5:11	8:08	
25	Mon	7:40	7.8	8:15	8.1	1:23	0.9	1:49	0.5	5:10	8:09	
26	Tue	8:42	7.6	9:08	8.3	2:27	0.7	2:45	0.7	5:09	8:10	
27	Wed	9:39	7.5	9:55	8.4	3:25	0.5	3:35	0.9	5:08	8:11	
28	Thu	10:30	7.5	10:39	8.5	4:15	0.3	4:20	1.0	5:08	8:12	
29	Fri	11:16	7.4	11:19	8.5	5:01	0.2	5:02	1.1	5:07	8:13	
30	Sat	11:59	7.4	11:58	8.5	5:43	0.1	5:41	1.2	5:07	8:14	
31	Sun			12:40	7.3	6:22	0.1	6:19	1.3	5:06	8:14	