



Portsmouth, NH - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:52	8.4	1:34	7.2	7:15	0.3	7:11	1.3	5:07	8:26	☉
2	Thu	1:29	8.4	2:10	7.3	7:49	0.2	7:48	1.3	5:08	8:26	☉
3	Fri	2:05	8.4	2:46	7.4	8:24	0.2	8:28	1.2	5:08	8:25	☉
4	Sat	2:43	8.3	3:22	7.5	9:00	0.2	9:09	1.1	5:09	8:25	☾
5	Sun	3:23	8.1	4:01	7.7	9:38	0.3	9:55	1.0	5:09	8:25	☾
6	Mon	4:07	8.0	4:43	7.9	10:19	0.3	10:44	0.9	5:10	8:25	☾
7	Tue	4:56	7.8	5:28	8.2	11:04	0.4	11:37	0.7	5:11	8:24	☾
8	Wed	5:49	7.6	6:17	8.4	11:52	0.5			5:11	8:24	☾
9	Thu	6:47	7.5	7:11	8.7	12:34	0.5	12:45	0.6	5:12	8:23	☾
10	Fri	7:50	7.4	8:10	8.9	1:35	0.3	1:44	0.7	5:13	8:23	☾
11	Sat	8:56	7.5	9:11	9.2	2:39	0.0	2:45	0.6	5:14	8:22	☾
12	Sun	9:59	7.7	10:11	9.5	3:41	-0.4	3:46	0.4	5:15	8:22	☾
13	Mon	10:59	7.9	11:10	9.8	4:40	-0.7	4:45	0.2	5:15	8:21	☾
14	Tue	11:57	8.2			5:37	-1.0	5:43	0.0	5:16	8:21	☾
15	Wed	12:07	9.9	12:52	8.4	6:32	-1.1	6:40	-0.1	5:17	8:20	☾
16	Thu	1:03	9.9	1:46	8.6	7:25	-1.1	7:35	-0.1	5:18	8:19	☾
17	Fri	1:57	9.7	2:37	8.6	8:15	-1.0	8:30	0.0	5:19	8:19	☾
18	Sat	2:50	9.3	3:28	8.6	9:05	-0.7	9:26	0.1	5:20	8:18	☾
19	Sun	3:44	8.7	4:20	8.5	9:55	-0.2	10:23	0.4	5:21	8:17	☾
20	Mon	4:40	8.2	5:12	8.3	10:46	0.2	11:21	0.6	5:21	8:16	☾
21	Tue	5:37	7.6	6:03	8.1	11:37	0.7			5:22	8:16	☾
22	Wed	6:35	7.2	6:56	8.0	12:20	0.8	12:29	1.2	5:23	8:15	☾
23	Thu	7:35	6.9	7:51	7.9	1:20	1.0	1:24	1.5	5:24	8:14	☾
24	Fri	8:35	6.7	8:46	7.8	2:21	1.0	2:22	1.7	5:25	8:13	☾
25	Sat	9:31	6.7	9:38	7.9	3:18	0.9	3:16	1.7	5:26	8:12	☉
26	Sun	10:22	6.8	10:26	8.1	4:09	0.8	4:05	1.6	5:27	8:11	☉
27	Mon	11:08	6.9	11:09	8.2	4:54	0.6	4:49	1.5	5:28	8:10	☉
28	Tue	11:50	7.1	11:50	8.4	5:34	0.5	5:29	1.3	5:29	8:09	☉
29	Wed			12:29	7.3	6:12	0.3	6:08	1.1	5:30	8:08	☉
30	Thu	12:28	8.5	1:05	7.5	6:46	0.2	6:46	1.0	5:31	8:07	☉
31	Fri	1:05	8.5	1:39	7.7	7:19	0.1	7:24	0.8	5:32	8:05	☉