

































Portsmouth, NH - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:14	9.1	8:59	7.9	1:48	0.2	2:40	-0.7	7:14	4:18	
2	Wed	9:13	9.4	9:57	8.1	2:49	0.0	3:37	-1.0	7:14	4:19	
3	Thu	10:09	9.6	10:52	8.3	3:46	-0.2	4:32	-1.2	7:14	4:20	
4	Fri	11:03	9.7	11:44	8.5	4:41	-0.3	5:24	-1.3	7:14	4:21	
5	Sat	11:55	9.6			5:33	-0.4	6:13	-1.2	7:14	4:22	
6	Sun	12:34	8.5	12:45	9.4	6:24	-0.3	7:01	-1.0	7:14	4:23	
7	Mon	1:21	8.4	1:33	9.0	7:14	-0.1	7:47	-0.7	7:14	4:24	
8	Tue	2:09	8.3	2:22	8.5	8:05	0.1	8:33	-0.2	7:13	4:25	
9	Wed	2:57	8.1	3:13	7.9	8:57	0.4	9:20	0.2	7:13	4:26	
10	Thu	3:46	7.9	4:07	7.4	9:51	0.7	10:09	0.7	7:13	4:27	
11	Fri	4:36	7.7	5:02	7.0	10:47	0.9	10:59	1.1	7:13	4:28	
12	Sat	5:27	7.5	6:00	6.7	11:45	1.1	11:52	1.4	7:12	4:30	
13	Sun	6:21	7.5	7:00	6.6			12:45	1.1	7:12	4:31	
14	Mon	7:16	7.5	7:58	6.6	12:49	1.5	1:44	1.0	7:11	4:32	
15	Tue	8:09	7.7	8:50	6.7	1:45	1.5	2:36	0.7	7:11	4:33	
16	Wed	8:57	7.9	9:36	6.9	2:35	1.3	3:21	0.5	7:10	4:34	
17	Thu	9:41	8.1	10:19	7.2	3:19	1.1	4:02	0.2	7:10	4:36	
18	Fri	10:22	8.4	10:58	7.4	4:00	0.9	4:40	-0.1	7:09	4:37	
19	Sat	11:01	8.6	11:36	7.7	4:40	0.6	5:17	-0.3	7:09	4:38	
20	Sun	11:40	8.8			5:20	0.3	5:53	-0.5	7:08	4:39	
21	Mon	12:12	7.9	12:18	8.8	6:00	0.1	6:30	-0.6	7:07	4:41	
22	Tue	12:49	8.2	12:59	8.8	6:42	-0.1	7:09	-0.7	7:06	4:42	
23	Wed	1:28	8.4	1:41	8.7	7:26	-0.2	7:50	-0.6	7:06	4:43	
24	Thu	2:10	8.5	2:29	8.4	8:14	-0.2	8:36	-0.4	7:05	4:44	
25	Fri	2:57	8.6	3:22	8.1	9:06	-0.2	9:26	-0.2	7:04	4:46	
26	Sat	3:49	8.6	4:21	7.7	10:04	-0.1	10:21	0.1	7:03	4:47	
27	Sun	4:46	8.6	5:25	7.4	11:06	0.0	11:21	0.4	7:02	4:48	
28	Mon	5:49	8.5	6:35	7.3			12:14	0.0	7:01	4:50	
29	Tue	6:57	8.6	7:46	7.4	12:27	0.5	1:25	-0.1	7:00	4:51	
30	Wed	8:04	8.7	8:51	7.6	1:36	0.5	2:31	-0.4	6:59	4:52	
31	Thu	9:06	9.0	9:48	7.9	2:41	0.3	3:29	-0.7	6:58	4:54	