

































## Portsmouth, NH - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:26	8.2	5:56	7.4	11:40	0.5	11:56	0.7	7:14	4:18	
2	Thu	6:24	8.0	6:59	7.1			12:44	0.6	7:14	4:19	
3	Fri	7:21	8.0	7:59	7.0	12:55	1.0	1:45	0.5	7:14	4:20	
4	Sat	8:14	8.0	8:52	7.1	1:52	1.1	2:39	0.4	7:14	4:21	
5	Sun	9:03	8.1	9:40	7.2	2:43	1.1	3:26	0.3	7:14	4:22	
6	Mon	9:47	8.2	10:23	7.3	3:28	1.0	4:09	0.1	7:14	4:23	
7	Tue	10:28	8.3	11:03	7.4	4:09	0.9	4:48	0.0	7:14	4:24	
8	Wed	11:06	8.4	11:41	7.5	4:47	0.8	5:24	-0.1	7:13	4:25	
9	Thu	11:43	8.4			5:24	0.7	5:57	-0.1	7:13	4:26	
10	Fri	12:16	7.6	12:18	8.4	5:59	0.7	6:30	-0.1	7:13	4:27	
11	Sat	12:50	7.6	12:52	8.3	6:35	0.6	7:03	-0.1	7:13	4:28	
12	Sun	1:23	7.7	1:28	8.2	7:13	0.6	7:38	-0.1	7:12	4:29	
13	Mon	1:58	7.8	2:07	8.0	7:53	0.5	8:17	0.0	7:12	4:30	
14	Tue	2:36	7.9	2:50	7.8	8:38	0.5	8:59	0.1	7:11	4:32	
15	Wed	3:20	8.0	3:40	7.6	9:27	0.5	9:46	0.3	7:11	4:33	
16	Thu	4:08	8.1	4:35	7.4	10:21	0.4	10:38	0.4	7:10	4:34	
17	Fri	5:02	8.2	5:36	7.3	11:20	0.3	11:35	0.5	7:10	4:35	
18	Sat	6:01	8.4	6:43	7.3			12:25	0.1	7:09	4:36	
19	Sun	7:05	8.7	7:51	7.5	12:38	0.4	1:31	-0.2	7:09	4:38	
20	Mon	8:09	9.0	8:54	7.9	1:43	0.2	2:34	-0.6	7:08	4:39	
21	Tue	9:10	9.4	9:52	8.3	2:45	-0.1	3:33	-1.1	7:07	4:40	
22	Wed	10:07	9.7	10:47	8.6	3:43	-0.5	4:27	-1.4	7:07	4:41	
23	Thu	11:02	9.9	11:40	8.9	4:39	-0.8	5:19	-1.6	7:06	4:43	
24	Fri	11:55	9.9			5:33	-1.0	6:09	-1.6	7:05	4:44	
25	Sat	12:30	9.1	12:46	9.7	6:26	-1.0	6:58	-1.4	7:04	4:45	
26	Sun	1:19	9.0	1:37	9.3	7:18	-0.8	7:46	-1.0	7:03	4:47	
27	Mon	2:08	8.9	2:29	8.7	8:10	-0.5	8:35	-0.5	7:02	4:48	
28	Tue	2:59	8.6	3:23	8.1	9:05	-0.2	9:25	0.0	7:02	4:49	
29	Wed	3:51	8.3	4:20	7.5	10:02	0.2	10:18	0.6	7:01	4:51	
30	Thu	4:45	8.0	5:19	7.1	11:01	0.6	11:14	1.0	7:00	4:52	
31	Fri	5:41	7.7	6:20	6.8			12:04	0.8	6:59	4:53	