




























Portsmouth, NH - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:05	8.5	3:43	7.9	9:20	0.0	9:35	0.9	5:07	8:26	
2	Sat	3:51	8.1	4:29	7.8	10:03	0.3	10:24	1.1	5:08	8:26	
3	Sun	4:39	7.7	5:15	7.7	10:47	0.6	11:15	1.3	5:08	8:25	
4	Mon	5:29	7.4	6:02	7.7	11:33	0.9			5:09	8:25	
5	Tue	6:21	7.1	6:50	7.7	12:07	1.3	12:20	1.1	5:10	8:25	
6	Wed	7:16	7.0	7:40	7.8	1:01	1.3	1:09	1.3	5:10	8:25	
7	Thu	8:12	6.9	8:31	7.9	1:57	1.2	2:01	1.4	5:11	8:24	
8	Fri	9:07	7.0	9:19	8.1	2:51	1.0	2:52	1.3	5:12	8:24	
9	Sat	9:57	7.1	10:05	8.4	3:40	0.7	3:40	1.1	5:12	8:23	
10	Sun	10:43	7.4	10:49	8.7	4:26	0.4	4:26	0.9	5:13	8:23	
11	Mon	11:28	7.6	11:34	9.0	5:09	0.0	5:12	0.6	5:14	8:22	
12	Tue			12:13	7.9	5:53	-0.4	5:57	0.3	5:15	8:22	
13	Wed	12:19	9.3	12:57	8.2	6:36	-0.6	6:44	0.1	5:16	8:21	
14	Thu	1:04	9.4	1:42	8.5	7:21	-0.9	7:33	-0.1	5:16	8:21	
15	Fri	1:51	9.5	2:28	8.7	8:06	-1.0	8:23	-0.2	5:17	8:20	
16	Sat	2:41	9.4	3:17	8.9	8:54	-0.9	9:16	-0.2	5:18	8:19	
17	Sun	3:33	9.1	4:09	9.0	9:44	-0.8	10:12	-0.2	5:19	8:18	
18	Mon	4:30	8.8	5:05	9.0	10:38	-0.5	11:13	-0.1	5:20	8:18	
19	Tue	5:31	8.4	6:03	9.0	11:34	-0.2			5:21	8:17	
20	Wed	6:34	8.1	7:03	8.9	12:15	0.0	12:33	0.1	5:22	8:16	
21	Thu	7:40	7.9	8:06	8.9	1:21	0.0	1:36	0.3	5:23	8:15	
22	Fri	8:47	7.8	9:07	9.0	2:28	0.0	2:39	0.4	5:24	8:14	
23	Sat	9:48	7.8	10:04	9.1	3:31	-0.2	3:40	0.4	5:25	8:13	
24	Sun	10:44	7.9	10:57	9.1	4:27	-0.3	4:34	0.4	5:26	8:13	
25	Mon	11:35	8.0	11:46	9.1	5:18	-0.4	5:25	0.3	5:27	8:12	
26	Tue			12:23	8.1	6:05	-0.4	6:12	0.3	5:28	8:11	
27	Wed	12:32	9.0	1:07	8.1	6:49	-0.4	6:57	0.4	5:29	8:09	
28	Thu	1:15	8.9	1:48	8.1	7:29	-0.2	7:39	0.5	5:30	8:08	
29	Fri	1:56	8.6	2:27	8.1	8:08	-0.1	8:20	0.6	5:31	8:07	
30	Sat	2:36	8.3	3:06	8.0	8:45	0.2	9:02	0.8	5:32	8:06	
31	Sun	3:17	8.0	3:46	7.9	9:23	0.4	9:45	0.9	5:33	8:05	