



## Portsmouth, NH - Jun 2025

| Date |     | High  |     |       |     | Low   |      |       |     |  |      |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft  | Rise  | Set  | Moon  |
| 1    | Thu | 12:54 | 8.8 | 1:38  | 7.6 | 7:18  | -0.2 | 7:18  | 1.1 | 5:05  | 8:16 | ☉   |
| 2    | Fri | 1:35  | 8.6 | 2:20  | 7.4 | 7:59  | 0.0  | 8:00  | 1.2 | 5:05  | 8:16 | ☉   |
| 3    | Sat | 2:17  | 8.4 | 3:02  | 7.3 | 8:40  | 0.2  | 8:42  | 1.4 | 5:05  | 8:17 | ☉   |
| 4    | Sun | 2:59  | 8.2 | 3:45  | 7.2 | 9:21  | 0.5  | 9:27  | 1.5 | 5:04  | 8:18 | ☾   |
| 5    | Mon | 3:43  | 7.9 | 4:30  | 7.2 | 10:04 | 0.7  | 10:15 | 1.6 | 5:04  | 8:18 | ☾   |
| 6    | Tue | 4:30  | 7.6 | 5:15  | 7.2 | 10:47 | 0.8  | 11:05 | 1.7 | 5:04  | 8:19 | ☾   |
| 7    | Wed | 5:19  | 7.4 | 6:01  | 7.3 | 11:31 | 1.0  | 11:56 | 1.7 | 5:03  | 8:20 | ☾   |
| 8    | Thu | 6:10  | 7.2 | 6:46  | 7.4 |       |      | 12:15 | 1.1 | 5:03  | 8:20 | ☾   |
| 9    | Fri | 7:02  | 7.0 | 7:32  | 7.7 | 12:49 | 1.5  | 1:02  | 1.2 | 5:03  | 8:21 | ☾   |
| 10   | Sat | 7:58  | 7.0 | 8:20  | 8.0 | 1:44  | 1.3  | 1:51  | 1.2 | 5:03  | 8:22 | ☾   |
| 11   | Sun | 8:53  | 7.1 | 9:07  | 8.3 | 2:38  | 0.9  | 2:41  | 1.2 | 5:03  | 8:22 | ☾   |
| 12   | Mon | 9:46  | 7.2 | 9:54  | 8.7 | 3:30  | 0.5  | 3:31  | 1.0 | 5:03  | 8:23 | ☾   |
| 13   | Tue | 10:36 | 7.4 | 10:41 | 9.0 | 4:19  | 0.1  | 4:20  | 0.8 | 5:02  | 8:23 | ☾   |
| 14   | Wed | 11:26 | 7.6 | 11:31 | 9.4 | 5:08  | -0.3 | 5:09  | 0.6 | 5:02  | 8:24 | ☾   |
| 15   | Thu |       |     | 12:17 | 7.9 | 5:57  | -0.7 | 6:00  | 0.4 | 5:02  | 8:24 | ☾   |
| 16   | Fri | 12:22 | 9.6 | 1:09  | 8.1 | 6:48  | -0.9 | 6:53  | 0.2 | 5:03  | 8:24 | ☾   |
| 17   | Sat | 1:14  | 9.7 | 2:01  | 8.2 | 7:39  | -1.0 | 7:46  | 0.2 | 5:03  | 8:25 | ☾   |
| 18   | Sun | 2:08  | 9.7 | 2:54  | 8.4 | 8:31  | -1.0 | 8:42  | 0.2 | 5:03  | 8:25 | ☾   |
| 19   | Mon | 3:03  | 9.5 | 3:49  | 8.5 | 9:24  | -0.9 | 9:41  | 0.2 | 5:03  | 8:25 | ☾   |
| 20   | Tue | 4:01  | 9.1 | 4:46  | 8.5 | 10:19 | -0.6 | 10:44 | 0.3 | 5:03  | 8:25 | ☾   |
| 21   | Wed | 5:03  | 8.7 | 5:44  | 8.6 | 11:15 | -0.3 | 11:47 | 0.3 | 5:03  | 8:26 | ☾   |
| 22   | Thu | 6:05  | 8.3 | 6:41  | 8.7 |       |      | 12:11 | 0.0 | 5:04  | 8:26 | ☾   |
| 23   | Fri | 7:09  | 7.9 | 7:39  | 8.7 | 12:52 | 0.3  | 1:09  | 0.4 | 5:04  | 8:26 | ☾   |
| 24   | Sat | 8:14  | 7.6 | 8:36  | 8.7 | 1:58  | 0.3  | 2:09  | 0.7 | 5:04  | 8:26 | ☾   |
| 25   | Sun | 9:17  | 7.5 | 9:30  | 8.7 | 3:00  | 0.2  | 3:06  | 0.9 | 5:05  | 8:26 | ☉   |
| 26   | Mon | 10:13 | 7.4 | 10:21 | 8.7 | 3:57  | 0.1  | 4:00  | 1.0 | 5:05  | 8:26 | ☉   |
| 27   | Tue | 11:05 | 7.4 | 11:09 | 8.7 | 4:48  | 0.0  | 4:49  | 1.1 | 5:05  | 8:26 | ☉   |
| 28   | Wed | 11:53 | 7.4 | 11:54 | 8.6 | 5:36  | 0.0  | 5:34  | 1.1 | 5:06  | 8:26 | ☉   |
| 29   | Thu |       |     | 12:37 | 7.4 | 6:20  | 0.0  | 6:17  | 1.2 | 5:06  | 8:26 | ☉   |
| 30   | Fri | 12:36 | 8.6 | 1:18  | 7.4 | 7:01  | 0.1  | 6:58  | 1.2 | 5:07  | 8:26 | ☉   |