US HARBORS www.USHarbors.com

Squamscott River, Great Bay, NH - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**11:30**	7.7			**5:33**	0.3	**6:16**	-0.4	6:19	5:32	
2	Mon	**12:08**	6.9	**12:23**	7.8	**6:28**	0.0	**7:04**	-0.6	6:17	5:34	
3	Tue	**12:55**	7.2	**1:11**	7.8	**7:18**	-0.2	**7:48**	-0.6	6:15	5:35	
4	Wed	**1:39**	7.4	**1:56**	7.7	**8:05**	-0.4	**8:29**	-0.5	6:14	5:36	
5	Thu	**2:19**	7.5	**2:39**	7.5	**8:48**	-0.4	**9:07**	-0.2	6:12	5:37	
6	Fri	**2:57**	7.5	**3:20**	7.1	**9:30**	-0.3	**9:44**	0.1	6:10	5:38	
7	Sat	**3:34**	7.3	**4:02**	6.8	**10:11**	-0.1	**10:22**	0.5	6:08	5:40	
8	Sun	**5:13**	7.1	**5:46**	6.4	**11:54**	0.2			7:07	6:41	
9	Mon	**5:54**	6.8	**6:34**	6.0	**12:03**	0.9	**12:40**	0.5	7:05	6:42	
10	Tue	**6:41**	6.5	**7:26**	5.7	**12:47**	1.2	**1:31**	0.8	7:03	6:43	
11	Wed	**7:34**	6.3	**8:24**	5.5	**1:37**	1.5	**2:27**	1.1	7:02	6:45	
12	Thu	**8:32**	6.2	**9:27**	5.4	**2:33**	1.7	**3:29**	1.2	7:00	6:46	
13	Fri	**9:35**	6.2	**10:28**	5.5	**3:34**	1.7	**4:33**	1.1	6:58	6:47	
14	Sat	**10:36**	6.4	**11:22**	5.8	**4:38**	1.6	**5:29**	0.9	6:56	6:48	
15	Sun	**11:29**	6.7			**5:34**	1.3	**6:16**	0.6	6:55	6:49	
16	Mon	**12:07**	6.2	**12:16**	7.0	**6:22**	0.9	**6:56**	0.2	6:53	6:51	
17	Tue	**12:47**	6.6	**12:59**	7.3	**7:06**	0.4	**7:34**	-0.1	6:51	6:52	
18	Wed	**1:25**	7.0	**1:40**	7.5	**7:48**	0.0	**8:12**	-0.3	6:49	6:53	
19	Thu	**2:03**	7.5	**2:22**	7.7	**8:31**	-0.4	**8:50**	-0.5	6:48	6:54	
20	Fri	**2:41**	7.8	**3:05**	7.7	**9:14**	-0.7	**9:30**	-0.5	6:46	6:55	
21	Sat	**3:21**	8.1	**3:50**	7.6	**9:59**	-0.9	**10:13**	-0.4	6:44	6:57	
22	Sun	**4:03**	8.1	**4:37**	7.4	**10:46**	-0.9	**10:59**	-0.2	6:42	6:58	
23	Mon	**4:49**	8.1	**5:29**	7.0	**11:36**	-0.7	**11:49**	0.1	6:40	6:59	
24	Tue	**5:41**	7.8	**6:28**	6.7			**12:33**	-0.4	6:39	7:00	
25	Wed	**6:41**	7.5	**7:34**	6.4	**12:46**	0.5	**1:36**	-0.1	6:37	7:01	
26	Thu	**7:49**	7.2	**8:45**	6.2	**1:49**	0.8	**2:45**	0.2	6:35	7:02	
27	Fri	**9:02**	7.1	**9:57**	6.3	**3:00**	1.0	**3:58**	0.3	6:33	7:04	
28	Sat	**10:15**	7.1	**11:04**	6.5	**4:15**	0.9	**5:08**	0.2	6:32	7:05	
29	Sun	**11:21**	7.2			**5:26**	0.7	**6:07**	0.0	6:30	7:06	
30	Mon	**12:00**	6.8	**12:18**	7.3	**6:26**	0.3	**6:57**	-0.1	6:28	7:07	
31	Tue	**12:49**	7.2	**1:09**	7.4	**7:17**	0.0	**7:42**	-0.1	6:26	7:08	