

Absecon Channel, NJ - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:14	4.0	8:32	3.8	1:50	-0.4	2:14	-0.4	6:29	5:49	
2	Tue	8:49	3.9	9:06	3.8	2:27	-0.3	2:46	-0.4	6:27	5:50	
3	Wed	9:24	3.8	9:40	3.7	3:03	-0.2	3:17	-0.2	6:26	5:51	
4	Thu	9:58	3.6	10:15	3.7	3:39	0.0	3:49	-0.1	6:24	5:52	
5	Fri	10:35	3.3	10:52	3.6	4:18	0.2	4:23	0.1	6:23	5:53	
6	Sat	11:13	3.1	11:32	3.5	5:00	0.4	5:00	0.3	6:21	5:54	
7	Sun	11:56	2.9			5:47	0.6	5:43	0.4	6:20	5:55	
8	Mon	12:17	3.4	12:44	2.8	6:39	0.8	6:32	0.5	6:18	5:56	
9	Tue	1:09	3.4	1:44	2.7	7:38	0.8	7:30	0.6	6:17	5:57	
10	Wed	2:13	3.5	2:57	2.8	8:46	0.7	8:39	0.5	6:15	5:59	
11	Thu	3:23	3.6	4:03	3.0	9:49	0.4	9:47	0.2	6:13	6:00	
12	Fri	4:25	3.9	5:00	3.4	10:44	0.1	10:47	-0.2	6:12	6:01	
13	Sat	5:20	4.2	5:51	3.8	11:34	-0.3	11:43	-0.6	6:10	6:02	
14	Sun	6:12	4.4	6:42	4.2			12:23	-0.7	6:09	6:03	
15	Mon	7:04	4.6	7:32	4.6	12:38	-0.9	1:09	-1.0	6:07	6:04	
16	Tue	7:54	4.6	8:20	4.8	1:30	-1.2	1:55	-1.2	6:06	6:05	
17	Wed	8:42	4.6	9:08	4.9	2:20	-1.3	2:40	-1.2	6:04	6:06	
18	Thu	9:31	4.4	9:58	4.9	3:11	-1.2	3:27	-1.0	6:02	6:07	
19	Fri	10:23	4.1	10:52	4.7	4:05	-0.9	4:18	-0.7	6:01	6:08	
20	Sat	11:19	3.8	11:49	4.5	5:03	-0.6	5:14	-0.4	5:59	6:09	
21	Sun			12:19	3.5	6:05	-0.3	6:13	0.0	5:58	6:10	
22	Mon	12:49	4.2	1:22	3.2	7:08	0.0	7:15	0.2	5:56	6:11	
23	Tue	1:54	4.0	2:32	3.1	8:13	0.2	8:23	0.4	5:54	6:12	
24	Wed	3:03	3.8	3:42	3.2	9:19	0.3	9:30	0.5	5:53	6:13	
25	Thu	4:06	3.8	4:39	3.3	10:17	0.3	10:29	0.4	5:51	6:14	
26	Fri	5:00	3.8	5:28	3.5	11:06	0.2	11:21	0.2	5:50	6:15	
27	Sat	5:46	3.9	6:11	3.7	11:50	0.1			5:48	6:15	
28	Sun	6:29	3.9	6:51	3.9	12:07	0.1	12:29	0.0	5:47	6:16	
29	Mon	7:09	3.9	7:28	4.0	12:50	0.0	1:06	-0.1	5:45	6:17	
30	Tue	7:47	3.9	8:03	4.1	1:29	-0.1	1:39	-0.1	5:43	6:18	
31	Wed	8:23	3.8	8:36	4.1	2:06	-0.1	2:11	-0.1	5:42	6:19	