US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jan 1703

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:08	4.9	6:35	4.1			12:40	-0.1	7:24	4:44	
2	Tue	6:46	5.0	7:15	4.1	12:31	0.0	1:23	-0.2	7:24	4:45	
3	Wed	7:21	5.1	7:54	4.1	1:13	0.0	2:05	-0.3	7:24	4:46	
4	Thu	7:56	5.0	8:33	4.0	1:55	0.0	2:44	-0.3	7:24	4:47	
5	Fri	8:31	5.0	9:13	4.0	2:35	0.0	3:22	-0.3	7:24	4:48	
6	Sat	9:09	4.9	9:56	4.0	3:13	0.0	3:58	-0.3	7:24	4:48	
7	Sun	9:53	4.8	10:44	4.1	3:53	0.1	4:36	-0.2	7:24	4:49	
8	Mon	10:43	4.7	11:36	4.2	4:36	0.2	5:18	-0.1	7:23	4:50	
9	Tue	11:39	4.5			5:29	0.3	6:09	-0.1	7:23	4:51	
10	Wed	12:29	4.4	12:36	4.4	6:37	0.4	7:10	-0.1	7:23	4:52	
11	Thu	1:24	4.6	1:36	4.2	7:53	0.3	8:14	-0.1	7:23	4:53	
12	Fri	2:23	4.8	2:41	4.1	9:03	0.1	9:17	-0.3	7:23	4:54	
13	Sat	3:27	5.0	3:51	4.2	10:07	-0.2	10:16	-0.5	7:22	4:56	
14	Sun	4:31	5.3	4:57	4.3	11:06	-0.5	11:12	-0.6	7:22	4:57	
15	Mon	5:30	5.6	5:56	4.5			12:01	-0.8	7:22	4:58	
16	Tue	6:23	5.8	6:50	4.7	12:08	-0.8	12:56	-1.0	7:21	4:59	
17	Wed	7:14	5.8	7:42	4.8	1:02	-0.8	1:48	-1.1	7:21	5:00	
18	Thu	8:03	5.7	8:33	4.7	1:55	-0.8	2:36	-1.1	7:20	5:01	
19	Fri	8:52	5.5	9:23	4.6	2:45	-0.7	3:22	-1.0	7:20	5:02	
20	Sat	9:41	5.2	10:14	4.5	3:32	-0.5	4:05	-0.8	7:19	5:03	
21	Sun	10:31	4.9	11:05	4.4	4:17	-0.2	4:47	-0.5	7:19	5:05	
22	Mon	11:20	4.5	11:54	4.2	5:04	0.1	5:31	-0.2	7:18	5:06	
23	Tue			12:09	4.2	5:56	0.4	6:17	0.1	7:17	5:07	
24	Wed	12:41	4.1	12:57	3.9	6:55	0.6	7:08	0.3	7:17	5:08	
25	Thu	1:28	4.1	1:46	3.7	7:57	0.7	8:01	0.4	7:16	5:09	
26	Fri	2:15	4.1	2:38	3.5	8:57	0.7	8:54	0.4	7:15	5:10	
27	Sat	3:08	4.1	3:36	3.5	9:52	0.5	9:45	0.4	7:14	5:12	
28	Sun	4:03	4.2	4:34	3.5	10:41	0.3	10:34	0.3	7:14	5:13	
29	Mon	4:55	4.4	5:26	3.7	11:28	0.1	11:20	0.1	7:13	5:14	
30	Tue	5:40	4.6	6:11	3.9			12:13	-0.1	7:12	5:15	
31	Wed	6:21	4.8	6:52	4.0	12:05	0.0	12:57	-0.3	7:11	5:16	