US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Aug 1704

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:56**	4.6	**7:58**	5.4	**2:01**	0.3	**1:55**	0.7	4:56	7:14	
2	Sat	**8:35**	4.6	**8:33**	5.3	**2:39**	0.3	**2:35**	0.7	4:57	7:13	
3	Sun	**9:14**	4.6	**9:07**	5.1	**3:14**	0.3	**3:13**	0.8	4:58	7:12	
4	Mon	**9:52**	4.6	**9:42**	5.0	**3:46**	0.4	**3:49**	0.9	4:59	7:11	
5	Tue	**10:31**	4.7	**10:22**	4.8	**4:17**	0.5	**4:26**	1.0	5:00	7:10	
6	Wed	**11:13**	4.7	**11:08**	4.6	**4:49**	0.6	**5:09**	1.1	5:01	7:09	
7	Thu	**11:57**	4.9			**5:25**	0.7	**6:04**	1.1	5:02	7:07	
8	Fri	**12:00**	4.5	**12:46**	5.1	**6:12**	0.8	**7:15**	1.1	5:03	7:06	
9	Sat	**12:56**	4.4	**1:39**	5.2	**7:15**	0.8	**8:27**	1.0	5:04	7:05	
10	Sun	**1:58**	4.3	**2:39**	5.4	**8:25**	0.7	**9:34**	0.7	5:05	7:04	
11	Mon	**3:07**	4.4	**3:47**	5.7	**9:32**	0.6	**10:34**	0.4	5:06	7:02	
12	Tue	**4:19**	4.6	**4:52**	6.0	**10:35**	0.3	**11:30**	0.0	5:07	7:01	
13	Wed	**5:23**	4.9	**5:50**	6.3	**11:34**	0.0			5:08	7:00	
14	Thu	**6:20**	5.3	**6:44**	6.5	**12:25**	-0.3	**12:32**	-0.2	5:09	6:59	
15	Fri	**7:14**	5.5	**7:35**	6.5	**1:18**	-0.6	**1:29**	-0.3	5:10	6:57	
16	Sat	**8:06**	5.7	**8:27**	6.4	**2:09**	-0.7	**2:23**	-0.3	5:11	6:56	
17	Sun	**8:59**	5.8	**9:18**	6.1	**2:57**	-0.7	**3:14**	-0.3	5:12	6:54	
18	Mon	**9:52**	5.7	**10:11**	5.8	**3:42**	-0.6	**4:05**	0.0	5:13	6:53	
19	Tue	**10:45**	5.6	**11:05**	5.4	**4:27**	-0.3	**4:56**	0.3	5:14	6:52	
20	Wed	**11:38**	5.5	**11:58**	5.0	**5:13**	0.0	**5:51**	0.7	5:15	6:50	
21	Thu			**12:29**	5.3	**6:02**	0.4	**6:53**	0.9	5:16	6:49	
22	Fri	**12:51**	4.6	**1:19**	5.1	**6:56**	0.8	**7:57**	1.1	5:17	6:47	
23	Sat	**1:43**	4.4	**2:09**	5.0	**7:54**	1.0	**8:59**	1.1	5:18	6:46	
24	Sun	**2:38**	4.2	**3:04**	4.9	**8:51**	1.1	**9:53**	1.0	5:19	6:44	
25	Mon	**3:37**	4.2	**4:00**	4.9	**9:44**	1.1	**10:42**	0.9	5:20	6:43	
26	Tue	**4:35**	4.3	**4:53**	5.1	**10:33**	1.0	**11:26**	0.7	5:21	6:41	
27	Wed	**5:25**	4.5	**5:39**	5.2	**11:20**	0.9			5:22	6:40	
28	Thu	**6:10**	4.7	**6:20**	5.3	**12:09**	0.6	**12:04**	0.8	5:23	6:38	
29	Fri	**6:50**	4.8	**6:57**	5.4	**12:50**	0.4	**12:48**	0.7	5:24	6:36	
30	Sat	**7:28**	5.0	**7:32**	5.4	**1:29**	0.3	**1:31**	0.6	5:25	6:35	
31	Sun	**8:04**	5.0	**8:06**	5.3	**2:06**	0.3	**2:12**	0.6	5:26	6:33	