US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1706

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:36	4.9	11:49	5.3	5:21	0.1	5:36	0.8	4:32	7:33	
2	Fri			12:31	5.1	6:12	0.1	6:44	0.8	4:33	7:33	
3	Sat	12:44	5.1	1:24	5.3	7:09	0.2	7:55	0.8	4:33	7:33	
4	Sun	1:41	4.9	2:20	5.5	8:08	0.2	9:03	0.6	4:34	7:33	
5	Mon	2:41	4.7	3:19	5.6	9:06	0.1	10:04	0.4	4:34	7:33	
6	Tue	3:46	4.6	4:20	5.8	10:02	0.1	11:01	0.2	4:35	7:32	
7	Wed	4:50	4.7	5:17	5.9	10:56	0.1	11:56	0.1	4:35	7:32	
8	Thu	5:48	4.8	6:10	6.0	11:50	0.1			4:36	7:32	
9	Fri	6:41	4.8	6:59	6.0	12:49	-0.1	12:43	0.2	4:37	7:32	
10	Sat	7:32	4.9	7:46	5.9	1:41	-0.1	1:35	0.3	4:37	7:31	
11	Sun	8:22	4.9	8:32	5.7	2:28	-0.1	2:24	0.4	4:38	7:31	
12	Mon	9:11	4.8	9:18	5.4	3:12	0.0	3:09	0.5	4:39	7:30	
13	Tue	10:00	4.7	10:05	5.2	3:53	0.1	3:53	0.7	4:40	7:30	
14	Wed	10:49	4.7	10:51	4.9	4:32	0.3	4:36	0.9	4:40	7:29	
15	Thu	11:37	4.6	11:38	4.6	5:11	0.5	5:22	1.2	4:41	7:29	
16	Fri			12:22	4.7	5:52	0.7	6:14	1.3	4:42	7:28	
17	Sat	12:23	4.4	1:05	4.7	6:37	0.9	7:14	1.4	4:43	7:28	
18	Sun	1:07	4.2	1:48	4.7	7:25	1.0	8:15	1.4	4:43	7:27	
19	Mon	1:54	4.0	2:34	4.8	8:17	1.1	9:13	1.3	4:44	7:26	
20	Tue	2:47	3.9	3:25	4.9	9:08	1.1	10:06	1.1	4:45	7:26	
21	Wed	3:47	3.9	4:18	5.1	9:58	1.0	10:55	0.8	4:46	7:25	
22	Thu	4:46	4.0	5:08	5.3	10:46	0.9	11:43	0.6	4:47	7:24	
23	Fri	5:37	4.2	5:54	5.6	11:34	0.8			4:48	7:23	
24	Sat	6:24	4.4	6:37	5.8	12:31	0.3	12:23	0.6	4:49	7:22	
25	Sun	7:08	4.6	7:21	5.9	1:19	0.1	1:13	0.4	4:49	7:22	
26	Mon	7:52	4.8	8:05	6.0	2:04	-0.1	2:02	0.3	4:50	7:21	
27	Tue	8:38	4.9	8:52	5.9	2:48	-0.2	2:51	0.2	4:51	7:20	
28	Wed	9:27	5.1	9:42	5.8	3:30	-0.3	3:38	0.2	4:52	7:19	
29	Thu	10:19	5.2	10:35	5.5	4:12	-0.3	4:28	0.3	4:53	7:18	
30	Fri	11:14	5.4	11:31	5.3	4:56	-0.2	5:24	0.5	4:54	7:17	
31	Sat			12:09	5.5	5:45	0.0	6:28	0.7	4:55	7:16	