US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jan 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:33	5.0			5:18	-0.2	5:57	-0.5	7:24	4:44	
2	Wed	12:16	4.8	12:28	4.6	6:20	0.1	6:53	-0.3	7:24	4:45	
3	Thu	1:09	4.8	1:21	4.3	7:28	0.3	7:51	-0.1	7:24	4:46	
4	Fri	2:02	4.7	2:17	3.9	8:34	0.4	8:47	0.1	7:24	4:47	
5	Sat	2:57	4.7	3:16	3.7	9:34	0.3	9:40	0.2	7:24	4:48	
6	Sun	3:53	4.7	4:17	3.6	10:28	0.2	10:29	0.2	7:24	4:49	
7	Mon	4:48	4.7	5:13	3.7	11:18	0.1	11:15	0.2	7:24	4:50	
8	Tue	5:36	4.8	6:01	3.8			12:04	0.0	7:23	4:51	
9	Wed	6:20	4.9	6:45	3.9	12:01	0.2	12:49	-0.1	7:23	4:52	
10	Thu	7:00	4.9	7:26	3.9	12:45	0.2	1:32	-0.2	7:23	4:53	
11	Fri	7:39	4.9	8:05	4.0	1:29	0.1	2:12	-0.2	7:23	4:54	
12	Sat	8:16	4.8	8:44	3.9	2:10	0.1	2:49	-0.2	7:22	4:55	
13	Sun	8:53	4.6	9:22	3.9	2:48	0.2	3:23	-0.2	7:22	4:56	
14	Mon	9:28	4.5	10:00	3.9	3:25	0.3	3:55	-0.1	7:22	4:57	
15	Tue	10:04	4.3	10:38	3.9	3:59	0.4	4:26	0.0	7:21	4:58	
16	Wed	10:43	4.1	11:18	4.0	4:35	0.5	4:58	0.1	7:21	4:59	
17	Thu	11:27	3.9			5:16	0.7	5:34	0.2	7:20	5:01	
18	Fri	12:01	4.1	12:16	3.7	6:13	0.8	6:20	0.3	7:20	5:02	
19	Sat	12:48	4.2	1:10	3.6	7:27	0.8	7:22	0.3	7:19	5:03	
20	Sun	1:40	4.4	2:11	3.5	8:42	0.6	8:31	0.2	7:19	5:04	
21	Mon	2:42	4.6	3:22	3.5	9:49	0.3	9:37	0.0	7:18	5:05	
22	Tue	3:51	4.8	4:33	3.8	10:48	-0.1	10:39	-0.2	7:18	5:06	
23	Wed	4:58	5.2	5:35	4.1	11:44	-0.4	11:37	-0.5	7:17	5:08	
24	Thu	5:56	5.5	6:30	4.5			12:38	-0.8	7:16	5:09	
25	Fri	6:49	5.8	7:22	4.8	12:35	-0.8	1:30	-1.1	7:15	5:10	
26	Sat	7:40	5.9	8:14	5.0	1:31	-1.0	2:19	-1.3	7:15	5:11	
27	Sun	8:30	5.8	9:06	5.1	2:25	-1.1	3:06	-1.4	7:14	5:12	
28	Mon	9:21	5.5	9:59	5.1	3:16	-1.0	3:51	-1.3	7:13	5:14	
29	Tue	10:13	5.2	10:52	5.0	4:06	-0.8	4:36	-1.0	7:12	5:15	
30	Wed	11:07	4.7	11:45	4.9	4:57	-0.5	5:22	-0.7	7:11	5:16	
31	Thu			12:00	4.3	5:53	-0.1	6:13	-0.3	7:10	5:17	