US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:31	4.1	2:05	4.8	7:50	0.9	8:55	1.3	4:32	7:33	
2	Tue	2:23	4.1	2:55	5.0	8:44	0.8	9:52	1.0	4:33	7:33	
3	Wed	3:25	4.0	3:52	5.3	9:38	0.7	10:46	0.7	4:33	7:33	
4	Thu	4:29	4.2	4:49	5.6	10:31	0.6	11:39	0.4	4:34	7:33	
5	Fri	5:28	4.4	5:43	5.9	11:24	0.4			4:34	7:33	
6	Sat	6:21	4.6	6:34	6.2	12:32	0.1	12:20	0.2	4:35	7:32	
7	Sun	7:13	4.9	7:25	6.3	1:25	-0.2	1:16	0.0	4:36	7:32	
8	Mon	8:05	5.0	8:17	6.3	2:15	-0.4	2:12	-0.1	4:36	7:32	
9	Tue	8:59	5.2	9:11	6.1	3:04	-0.5	3:05	-0.1	4:37	7:31	
10	Wed	9:55	5.3	10:06	5.9	3:50	-0.6	3:57	0.0	4:38	7:31	
11	Thu	10:52	5.4	11:02	5.6	4:37	-0.5	4:51	0.2	4:38	7:31	
12	Fri	11:48	5.5	11:58	5.2	5:26	-0.3	5:51	0.4	4:39	7:30	
13	Sat			12:42	5.5	6:19	0.0	6:56	0.7	4:40	7:30	
14	Sun	12:53	4.9	1:34	5.5	7:16	0.2	8:03	0.8	4:40	7:29	
15	Mon	1:47	4.6	2:27	5.4	8:14	0.4	9:06	0.8	4:41	7:29	
16	Tue	2:45	4.3	3:23	5.4	9:10	0.6	10:04	0.7	4:42	7:28	
17	Wed	3:47	4.2	4:20	5.4	10:03	0.7	10:56	0.6	4:43	7:27	
18	Thu	4:48	4.2	5:13	5.4	10:52	0.7	11:45	0.5	4:44	7:27	
19	Fri	5:41	4.3	6:00	5.5	11:40	0.7			4:44	7:26	
20	Sat	6:28	4.4	6:43	5.5	12:31	0.4	12:27	0.7	4:45	7:25	
21	Sun	7:11	4.5	7:24	5.5	1:15	0.4	1:13	0.7	4:46	7:25	
22	Mon	7:52	4.5	8:02	5.4	1:57	0.3	1:56	0.7	4:47	7:24	
23	Tue	8:33	4.6	8:40	5.2	2:35	0.3	2:37	0.8	4:48	7:23	
24	Wed	9:12	4.6	9:17	5.0	3:10	0.3	3:15	0.9	4:49	7:22	
25	Thu	9:52	4.6	9:55	4.8	3:43	0.4	3:52	1.0	4:50	7:21	
26	Fri	10:31	4.6	10:33	4.6	4:14	0.5	4:28	1.1	4:51	7:20	
27	Sat	11:09	4.6	11:15	4.4	4:45	0.6	5:08	1.3	4:52	7:20	
28	Sun	11:49	4.7			5:18	0.7	5:57	1.4	4:52	7:19	
29	Mon	12:00	4.2	12:31	4.8	5:57	0.9	7:03	1.4	4:53	7:18	
30	Tue	12:50	4.1	1:17	4.9	6:50	1.0	8:16	1.3	4:54	7:17	
31	Wed	1:45	4.0	2:12	5.1	7:56	1.0	9:22	1.1	4:55	7:16	