US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Aug 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**2:50**	4.0	**3:16**	5.3	**9:04**	0.9	**10:22**	0.8	4:56	7:15	
2	Fri	**4:01**	4.2	**4:24**	5.6	**10:07**	0.6	**11:17**	0.4	4:57	7:13	
3	Sat	**5:06**	4.5	**5:25**	5.9	**11:06**	0.3			4:58	7:12	
4	Sun	**6:03**	4.9	**6:19**	6.2	**12:10**	0.0	**12:04**	0.1	4:59	7:11	
5	Mon	**6:55**	5.2	**7:11**	6.4	**1:02**	-0.3	**1:02**	-0.2	5:00	7:10	
6	Tue	**7:46**	5.5	**8:01**	6.4	**1:52**	-0.6	**1:57**	-0.3	5:01	7:09	
7	Wed	**8:38**	5.7	**8:52**	6.2	**2:40**	-0.7	**2:51**	-0.3	5:02	7:08	
8	Thu	**9:31**	5.8	**9:45**	5.9	**3:25**	-0.7	**3:42**	-0.2	5:03	7:07	
9	Fri	**10:25**	5.8	**10:39**	5.5	**4:10**	-0.6	**4:33**	0.0	5:04	7:05	
10	Sat	**11:20**	5.7	**11:35**	5.1	**4:56**	-0.2	**5:29**	0.4	5:05	7:04	
11	Sun			**12:14**	5.6	**5:46**	0.1	**6:30**	0.7	5:06	7:03	
12	Mon	**12:30**	4.7	**1:06**	5.4	**6:42**	0.5	**7:37**	0.9	5:07	7:01	
13	Tue	**1:25**	4.4	**1:59**	5.2	**7:43**	0.8	**8:43**	1.0	5:08	7:00	
14	Wed	**2:23**	4.2	**2:56**	5.1	**8:44**	1.0	**9:42**	1.0	5:09	6:59	
15	Thu	**3:25**	4.1	**3:56**	5.1	**9:42**	1.1	**10:35**	0.9	5:10	6:57	
16	Fri	**4:27**	4.1	**4:52**	5.1	**10:33**	1.0	**11:22**	0.7	5:11	6:56	
17	Sat	**5:21**	4.3	**5:40**	5.3	**11:21**	0.9			5:12	6:55	
18	Sun	**6:07**	4.5	**6:22**	5.4	**12:05**	0.6	**12:06**	0.8	5:13	6:53	
19	Mon	**6:48**	4.7	**7:01**	5.4	**12:46**	0.5	**12:50**	0.7	5:14	6:52	
20	Tue	**7:26**	4.8	**7:37**	5.4	**1:26**	0.4	**1:33**	0.7	5:15	6:50	
21	Wed	**8:02**	4.9	**8:12**	5.3	**2:02**	0.3	**2:13**	0.7	5:16	6:49	
22	Thu	**8:36**	4.9	**8:45**	5.1	**2:36**	0.3	**2:51**	0.7	5:17	6:47	
23	Fri	**9:09**	4.9	**9:19**	4.9	**3:08**	0.4	**3:26**	0.8	5:18	6:46	
24	Sat	**9:41**	4.9	**9:54**	4.6	**3:37**	0.5	**4:01**	0.9	5:19	6:44	
25	Sun	**10:15**	4.9	**10:34**	4.4	**4:05**	0.6	**4:37**	1.1	5:20	6:43	
26	Mon	**10:56**	5.0	**11:24**	4.2	**4:35**	0.8	**5:21**	1.2	5:21	6:41	
27	Tue	**11:46**	5.0			**5:12**	0.9	**6:24**	1.4	5:22	6:40	
28	Wed	**12:20**	4.1	**12:42**	5.1	**6:05**	1.1	**7:44**	1.4	5:23	6:38	
29	Thu	**1:21**	4.0	**1:43**	5.2	**7:22**	1.1	**8:57**	1.1	5:24	6:37	
30	Fri	**2:28**	4.1	**2:53**	5.3	**8:43**	1.0	**10:00**	0.8	5:24	6:35	
31	Sat	**3:41**	4.3	**4:04**	5.6	**9:52**	0.7	**10:55**	0.4	5:25	6:34	