US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1710

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:00	5.1	11:05	5.4	4:46	-0.1	4:57	0.5	4:32	7:33	
2	Wed	11:55	5.3			5:34	0.0	5:57	0.6	4:33	7:33	
3	Thu	12:02	5.1	12:49	5.4	6:27	0.1	7:05	0.7	4:33	7:33	
4	Fri	12:58	4.9	1:43	5.5	7:26	0.2	8:15	0.7	4:34	7:33	
5	Sat	1:55	4.7	2:39	5.6	8:26	0.3	9:20	0.6	4:34	7:33	
6	Sun	2:57	4.5	3:39	5.7	9:24	0.3	10:19	0.4	4:35	7:32	
7	Mon	4:04	4.4	4:39	5.7	10:20	0.3	11:15	0.3	4:35	7:32	
8	Tue	5:07	4.5	5:34	5.8	11:14	0.3			4:36	7:32	
9	Wed	6:03	4.6	6:24	5.9	12:08	0.2	12:07	0.4	4:37	7:32	
10	Thu	6:53	4.7	7:11	5.8	12:59	0.1	12:58	0.4	4:37	7:31	
11	Fri	7:41	4.7	7:56	5.7	1:47	0.0	1:48	0.5	4:38	7:31	
12	Sat	8:27	4.7	8:39	5.5	2:31	0.0	2:33	0.5	4:39	7:30	
13	Sun	9:12	4.7	9:22	5.3	3:10	0.1	3:16	0.7	4:40	7:30	
14	Mon	9:58	4.7	10:06	5.0	3:48	0.2	3:56	0.8	4:40	7:29	
15	Tue	10:43	4.6	10:50	4.7	4:23	0.3	4:37	1.0	4:41	7:29	
16	Wed	11:27	4.6	11:34	4.5	4:58	0.5	5:21	1.2	4:42	7:28	
17	Thu			12:10	4.6	5:35	0.7	6:12	1.4	4:43	7:28	
18	Fri	12:19	4.3	12:51	4.7	6:16	0.9	7:13	1.5	4:43	7:27	
19	Sat	1:04	4.1	1:33	4.7	7:05	1.0	8:17	1.5	4:44	7:26	
20	Sun	1:52	3.9	2:18	4.8	8:01	1.1	9:16	1.3	4:45	7:26	
21	Mon	2:48	3.8	3:11	4.9	8:58	1.1	10:11	1.1	4:46	7:25	
22	Tue	3:51	3.9	4:09	5.1	9:53	1.0	11:02	0.8	4:47	7:24	
23	Wed	4:51	4.1	5:04	5.4	10:45	0.8	11:51	0.5	4:48	7:23	
24	Thu	5:43	4.3	5:53	5.7	11:36	0.6			4:49	7:22	
25	Fri	6:31	4.6	6:40	5.9	12:39	0.2	12:28	0.4	4:49	7:22	
26	Sat	7:17	4.9	7:26	6.1	1:27	-0.1	1:21	0.1	4:50	7:21	
27	Sun	8:03	5.1	8:12	6.1	2:12	-0.3	2:12	0.0	4:51	7:20	
28	Mon	8:52	5.4	9:01	6.0	2:56	-0.4	3:02	-0.1	4:52	7:19	
29	Tue	9:43	5.5	9:53	5.7	3:38	-0.5	3:52	0.0	4:53	7:18	
30	Wed	10:37	5.6	10:48	5.4	4:22	-0.4	4:44	0.2	4:54	7:17	
31	Thu	11:32	5.7	11:45	5.1	5:08	-0.2	5:42	0.4	4:55	7:16	