US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jan 1716

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:00	4.5	5:50	0.4	6:19	-0.2	7:23	4:44	
2	Thu	12:37	4.6	12:58	4.4	7:03	0.4	7:23	-0.1	7:24	4:45	
3	Fri	1:35	4.8	1:59	4.3	8:18	0.3	8:29	-0.2	7:24	4:46	
4	Sat	2:36	5.0	3:06	4.3	9:26	0.0	9:31	-0.4	7:24	4:46	
5	Sun	3:42	5.2	4:14	4.4	10:27	-0.3	10:30	-0.6	7:24	4:47	
6	Mon	4:45	5.4	5:17	4.6	11:23	-0.6	11:26	-0.8	7:24	4:48	
7	Tue	5:43	5.7	6:13	4.8			12:18	-0.9	7:24	4:49	
8	Wed	6:35	5.8	7:05	5.0	12:21	-0.9	1:11	-1.0	7:23	4:50	
9	Thu	7:24	5.8	7:56	5.0	1:14	-0.9	2:01	-1.1	7:23	4:51	
10	Fri	8:12	5.7	8:46	4.9	2:06	-0.9	2:48	-1.1	7:23	4:52	
11	Sat	9:00	5.4	9:35	4.8	2:54	-0.7	3:32	-1.0	7:23	4:53	
12	Sun	9:48	5.1	10:26	4.7	3:40	-0.5	4:14	-0.7	7:23	4:54	
13	Mon	10:37	4.7	11:15	4.5	4:24	-0.2	4:56	-0.4	7:22	4:55	
14	Tue	11:26	4.4			5:11	0.1	5:40	-0.1	7:22	4:56	
15	Wed	12:04	4.4	12:14	4.0	6:02	0.4	6:28	0.2	7:22	4:57	
16	Thu	12:51	4.2	1:02	3.8	7:01	0.6	7:20	0.4	7:21	4:59	
17	Fri	1:38	4.2	1:51	3.6	8:03	0.7	8:16	0.5	7:21	5:00	
18	Sat	2:28	4.1	2:45	3.5	9:02	0.6	9:09	0.5	7:20	5:01	
19	Sun	3:22	4.2	3:44	3.5	9:55	0.5	10:00	0.4	7:20	5:02	
20	Mon	4:17	4.3	4:41	3.6	10:45	0.3	10:48	0.2	7:19	5:03	
21	Tue	5:07	4.5	5:31	3.8	11:31	0.0	11:33	0.1	7:19	5:04	
22	Wed	5:51	4.8	6:15	4.0			12:16	-0.2	7:18	5:05	
23	Thu	6:32	5.0	6:55	4.2	12:19	-0.1	1:00	-0.4	7:17	5:07	
24	Fri	7:10	5.1	7:33	4.3	1:03	-0.2	1:42	-0.6	7:17	5:08	
25	Sat	7:48	5.2	8:12	4.5	1:47	-0.4	2:22	-0.7	7:16	5:09	
26	Sun	8:27	5.1	8:52	4.6	2:30	-0.4	3:01	-0.8	7:15	5:10	
27	Mon	9:09	5.0	9:36	4.6	3:12	-0.5	3:39	-0.8	7:14	5:11	
28	Tue	9:55	4.9	10:25	4.7	3:55	-0.4	4:19	-0.7	7:14	5:13	
29	Wed	10:47	4.6	11:19	4.7	4:42	-0.3	5:02	-0.6	7:13	5:14	
30	Thu	11:44	4.4			5:37	-0.1	5:54	-0.4	7:12	5:15	
31	Fri	12:16	4.8	12:43	4.3	6:46	0.1	6:58	-0.3	7:11	5:16	