US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1716

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**4:55**	4.2	**5:19**	5.3	**10:59**	0.7	**11:44**	0.5	4:32	7:33	
2	Thu	**5:43**	4.4	**6:02**	5.4	**11:43**	0.7			4:33	7:33	
3	Fri	**6:27**	4.5	**6:42**	5.5	**12:28**	0.4	**12:27**	0.6	4:33	7:33	
4	Sat	**7:08**	4.5	**7:19**	5.5	**1:12**	0.3	**1:11**	0.6	4:34	7:33	
5	Sun	**7:47**	4.6	**7:56**	5.5	**1:54**	0.2	**1:54**	0.6	4:35	7:33	
6	Mon	**8:25**	4.6	**8:32**	5.4	**2:33**	0.1	**2:34**	0.6	4:35	7:32	
7	Tue	**9:04**	4.6	**9:09**	5.3	**3:10**	0.1	**3:13**	0.7	4:36	7:32	
8	Wed	**9:44**	4.7	**9:50**	5.2	**3:46**	0.1	**3:52**	0.7	4:36	7:32	
9	Thu	**10:28**	4.8	**10:37**	5.1	**4:22**	0.2	**4:33**	0.8	4:37	7:31	
10	Fri	**11:17**	4.9	**11:30**	4.9	**5:01**	0.2	**5:23**	0.9	4:38	7:31	
11	Sat			**12:09**	5.1	**5:46**	0.3	**6:27**	0.9	4:39	7:30	
12	Sun	**12:25**	4.8	**1:02**	5.3	**6:42**	0.3	**7:40**	0.9	4:39	7:30	
13	Mon	**1:23**	4.7	**1:59**	5.5	**7:47**	0.3	**8:49**	0.7	4:40	7:30	
14	Tue	**2:26**	4.7	**3:01**	5.7	**8:51**	0.2	**9:53**	0.4	4:41	7:29	
15	Wed	**3:34**	4.7	**4:06**	5.9	**9:53**	0.0	**10:52**	0.1	4:42	7:28	
16	Thu	**4:41**	4.9	**5:08**	6.1	**10:52**	-0.1	**11:48**	-0.2	4:42	7:28	
17	Fri	**5:42**	5.2	**6:04**	6.3	**11:49**	-0.3			4:43	7:27	
18	Sat	**6:37**	5.4	**6:57**	6.4	**12:42**	-0.5	**12:46**	-0.3	4:44	7:27	
19	Sun	**7:30**	5.6	**7:47**	6.3	**1:35**	-0.6	**1:41**	-0.3	4:45	7:26	
20	Mon	**8:22**	5.6	**8:37**	6.1	**2:25**	-0.7	**2:33**	-0.3	4:46	7:25	
21	Tue	**9:14**	5.6	**9:27**	5.8	**3:11**	-0.6	**3:22**	-0.1	4:46	7:24	
22	Wed	**10:06**	5.5	**10:18**	5.5	**3:56**	-0.4	**4:09**	0.2	4:47	7:24	
23	Thu	**10:58**	5.3	**11:09**	5.1	**4:39**	-0.1	**4:57**	0.5	4:48	7:23	
24	Fri	**11:48**	5.2	**11:59**	4.8	**5:23**	0.2	**5:49**	0.8	4:49	7:22	
25	Sat			**12:36**	5.1	**6:11**	0.5	**6:46**	1.1	4:50	7:21	
26	Sun	**12:47**	4.5	**1:23**	5.0	**7:02**	0.8	**7:46**	1.2	4:51	7:20	
27	Mon	**1:36**	4.3	**2:11**	4.9	**7:56**	1.0	**8:45**	1.2	4:52	7:19	
28	Tue	**2:27**	4.1	**3:02**	4.9	**8:50**	1.0	**9:38**	1.1	4:53	7:18	
29	Wed	**3:24**	4.1	**3:56**	5.0	**9:41**	1.0	**10:28**	0.9	4:54	7:17	
30	Thu	**4:21**	4.2	**4:47**	5.1	**10:29**	0.9	**11:14**	0.7	4:55	7:16	
31	Fri	**5:14**	4.3	**5:34**	5.3	**11:15**	0.8	**11:58**	0.5	4:56	7:15	