US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1718

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**9:53**	5.4	**10:05**	6.0	**3:50**	-0.6	**3:57**	-0.1	4:32	7:33	
2	Sat	**10:52**	5.4	**11:03**	5.7	**4:39**	-0.5	**4:52**	0.1	4:33	7:33	
3	Sun	**11:49**	5.5			**5:31**	-0.3	**5:52**	0.3	4:33	7:33	
4	Mon	**12:01**	5.4	**12:45**	5.5	**6:28**	-0.1	**6:58**	0.5	4:34	7:33	
5	Tue	**12:58**	5.2	**1:40**	5.5	**7:28**	0.0	**8:05**	0.6	4:34	7:33	
6	Wed	**1:54**	4.9	**2:35**	5.5	**8:27**	0.1	**9:08**	0.5	4:35	7:32	
7	Thu	**2:52**	4.7	**3:32**	5.5	**9:23**	0.2	**10:06**	0.4	4:35	7:32	
8	Fri	**3:53**	4.6	**4:29**	5.6	**10:15**	0.3	**10:58**	0.3	4:36	7:32	
9	Sat	**4:52**	4.6	**5:20**	5.7	**11:04**	0.3	**11:47**	0.2	4:37	7:31	
10	Sun	**5:44**	4.7	**6:06**	5.7	**11:51**	0.4			4:37	7:31	
11	Mon	**6:31**	4.7	**6:49**	5.7	**12:34**	0.1	**12:37**	0.4	4:38	7:31	
12	Tue	**7:15**	4.8	**7:30**	5.7	**1:19**	0.1	**1:22**	0.5	4:39	7:30	
13	Wed	**7:58**	4.8	**8:10**	5.5	**2:02**	0.1	**2:05**	0.5	4:40	7:30	
14	Thu	**8:40**	4.7	**8:50**	5.4	**2:41**	0.1	**2:46**	0.6	4:40	7:29	
15	Fri	**9:22**	4.7	**9:30**	5.1	**3:18**	0.2	**3:25**	0.7	4:41	7:29	
16	Sat	**10:05**	4.6	**10:11**	4.9	**3:54**	0.3	**4:02**	0.9	4:42	7:28	
17	Sun	**10:48**	4.5	**10:53**	4.7	**4:28**	0.4	**4:41**	1.1	4:43	7:27	
18	Mon	**11:31**	4.5	**11:37**	4.5	**5:04**	0.6	**5:24**	1.3	4:44	7:27	
19	Tue			**12:13**	4.6	**5:43**	0.7	**6:18**	1.4	4:44	7:26	
20	Wed	**12:22**	4.4	**12:55**	4.7	**6:30**	0.8	**7:22**	1.4	4:45	7:25	
21	Thu	**1:10**	4.3	**1:40**	4.8	**7:25**	0.9	**8:28**	1.2	4:46	7:25	
22	Fri	**2:02**	4.3	**2:31**	5.0	**8:25**	0.8	**9:28**	1.0	4:47	7:24	
23	Sat	**3:03**	4.3	**3:30**	5.3	**9:23**	0.6	**10:24**	0.6	4:48	7:23	
24	Sun	**4:07**	4.5	**4:31**	5.6	**10:19**	0.4	**11:17**	0.3	4:49	7:22	
25	Mon	**5:08**	4.7	**5:27**	6.0	**11:13**	0.1			4:50	7:21	
26	Tue	**6:02**	5.1	**6:19**	6.3	**12:09**	-0.1	**12:08**	-0.1	4:50	7:21	
27	Wed	**6:54**	5.4	**7:09**	6.4	**1:01**	-0.4	**1:03**	-0.3	4:51	7:20	
28	Thu	**7:46**	5.6	**8:01**	6.5	**1:52**	-0.6	**1:58**	-0.4	4:52	7:19	
29	Fri	**8:38**	5.7	**8:53**	6.3	**2:42**	-0.8	**2:51**	-0.5	4:53	7:18	
30	Sat	**9:33**	5.8	**9:48**	6.1	**3:29**	-0.8	**3:43**	-0.4	4:54	7:17	
31	Sun	**10:30**	5.8	**10:45**	5.7	**4:17**	-0.7	**4:36**	-0.1	4:55	7:16	