US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Aug 1718

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:27	5.7	11:42	5.4	5:07	-0.4	5:33	0.2	4:56	7:15	
2	Tue			12:23	5.7	6:01	-0.1	6:36	0.5	4:57	7:14	
3	Wed	12:38	5.1	1:17	5.5	6:59	0.2	7:42	0.7	4:58	7:13	
4	Thu	1:34	4.8	2:11	5.4	8:00	0.4	8:46	0.7	4:59	7:11	
5	Fri	2:31	4.6	3:07	5.3	8:58	0.6	9:44	0.7	5:00	7:10	
6	Sat	3:31	4.5	4:04	5.3	9:52	0.6	10:36	0.6	5:01	7:09	
7	Sun	4:30	4.5	4:57	5.4	10:42	0.6	11:24	0.5	5:02	7:08	
8	Mon	5:23	4.6	5:44	5.5	11:29	0.6			5:03	7:07	
9	Tue	6:09	4.7	6:27	5.5	12:09	0.4	12:14	0.6	5:04	7:06	
10	Wed	6:52	4.8	7:07	5.6	12:51	0.3	12:58	0.5	5:05	7:04	
11	Thu	7:32	4.9	7:45	5.5	1:32	0.2	1:41	0.5	5:06	7:03	
12	Fri	8:10	4.9	8:22	5.4	2:11	0.2	2:22	0.6	5:07	7:02	
13	Sat	8:48	4.9	8:59	5.2	2:48	0.2	3:00	0.6	5:08	7:00	
14	Sun	9:25	4.8	9:36	5.0	3:22	0.3	3:36	0.8	5:09	6:59	
15	Mon	10:02	4.8	10:14	4.8	3:54	0.4	4:12	0.9	5:10	6:58	
16	Tue	10:40	4.8	10:56	4.6	4:26	0.6	4:50	1.1	5:11	6:56	
17	Wed	11:22	4.8	11:43	4.4	4:59	0.7	5:36	1.2	5:12	6:55	
18	Thu			12:08	4.9	5:40	0.8	6:37	1.3	5:13	6:54	
19	Fri	12:34	4.3	12:58	5.0	6:36	0.9	7:50	1.2	5:14	6:52	
20	Sat	1:30	4.3	1:54	5.2	7:45	0.9	8:57	1.0	5:15	6:51	
21	Sun	2:32	4.4	2:57	5.4	8:53	0.7	9:57	0.7	5:16	6:49	
22	Mon	3:40	4.6	4:04	5.7	9:56	0.5	10:52	0.3	5:16	6:48	
23	Tue	4:44	5.0	5:05	6.0	10:54	0.1	11:45	-0.1	5:17	6:46	
24	Wed	5:42	5.4	6:01	6.3	11:51	-0.2			5:18	6:45	
25	Thu	6:34	5.8	6:52	6.5	12:37	-0.5	12:47	-0.4	5:19	6:43	
26	Fri	7:26	6.1	7:43	6.5	1:28	-0.7	1:42	-0.6	5:20	6:42	
27	Sat	8:17	6.2	8:35	6.3	2:18	-0.8	2:35	-0.6	5:21	6:40	
28	Sun	9:10	6.2	9:28	6.0	3:05	-0.8	3:26	-0.5	5:22	6:39	
29	Mon	10:04	6.1	10:23	5.7	3:52	-0.6	4:18	-0.2	5:23	6:37	
30	Tue	11:00	5.9	11:20	5.3	4:40	-0.3	5:11	0.2	5:24	6:36	
31	Wed	11:56	5.7			5:31	0.1	6:11	0.5	5:25	6:34	