US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1719

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**6:56**	5.1	**7:17**	6.1	**1:01**	-0.3	**1:06**	0.0	4:32	7:33	
2	Sun	**7:45**	5.1	**8:02**	6.0	**1:50**	-0.3	**1:56**	0.1	4:33	7:33	
3	Mon	**8:33**	5.0	**8:48**	5.7	**2:36**	-0.3	**2:42**	0.3	4:33	7:33	
4	Tue	**9:21**	4.9	**9:34**	5.5	**3:19**	-0.2	**3:26**	0.5	4:34	7:33	
5	Wed	**10:10**	4.7	**10:21**	5.2	**3:59**	0.0	**4:08**	0.7	4:34	7:33	
6	Thu	**10:59**	4.7	**11:09**	4.9	**4:39**	0.2	**4:51**	1.0	4:35	7:33	
7	Fri	**11:47**	4.6	**11:56**	4.7	**5:20**	0.5	**5:39**	1.2	4:35	7:32	
8	Sat			**12:32**	4.6	**6:04**	0.7	**6:35**	1.4	4:36	7:32	
9	Sun	**12:42**	4.5	**1:16**	4.6	**6:52**	0.8	**7:36**	1.4	4:37	7:32	
10	Mon	**1:28**	4.3	**2:01**	4.7	**7:44**	0.9	**8:36**	1.3	4:37	7:31	
11	Tue	**2:17**	4.2	**2:48**	4.8	**8:36**	0.9	**9:31**	1.2	4:38	7:31	
12	Wed	**3:11**	4.1	**3:39**	4.9	**9:26**	0.8	**10:22**	0.9	4:39	7:30	
13	Thu	**4:09**	4.2	**4:31**	5.2	**10:15**	0.7	**11:10**	0.7	4:39	7:30	
14	Fri	**5:03**	4.4	**5:18**	5.4	**11:02**	0.6	**11:57**	0.4	4:40	7:29	
15	Sat	**5:51**	4.6	**6:03**	5.7	**11:49**	0.4			4:41	7:29	
16	Sun	**6:37**	4.8	**6:46**	5.9	**12:45**	0.1	**12:38**	0.3	4:42	7:28	
17	Mon	**7:22**	4.9	**7:29**	6.0	**1:32**	-0.1	**1:28**	0.1	4:43	7:28	
18	Tue	**8:08**	5.1	**8:15**	6.1	**2:18**	-0.3	**2:17**	0.0	4:43	7:27	
19	Wed	**8:56**	5.2	**9:04**	6.0	**3:02**	-0.4	**3:05**	0.0	4:44	7:26	
20	Thu	**9:48**	5.3	**9:57**	5.8	**3:46**	-0.4	**3:54**	0.0	4:45	7:26	
21	Fri	**10:44**	5.4	**10:54**	5.6	**4:31**	-0.3	**4:46**	0.2	4:46	7:25	
22	Sat	**11:40**	5.5	**11:52**	5.3	**5:20**	-0.2	**5:45**	0.4	4:47	7:24	
23	Sun			**12:36**	5.5	**6:16**	0.0	**6:52**	0.5	4:48	7:23	
24	Mon	**12:49**	5.1	**1:31**	5.6	**7:16**	0.1	**8:00**	0.6	4:48	7:23	
25	Tue	**1:47**	4.9	**2:28**	5.6	**8:18**	0.2	**9:06**	0.5	4:49	7:22	
26	Wed	**2:48**	4.7	**3:28**	5.6	**9:18**	0.2	**10:05**	0.4	4:50	7:21	
27	Thu	**3:53**	4.7	**4:28**	5.7	**10:14**	0.2	**11:00**	0.2	4:51	7:20	
28	Fri	**4:55**	4.7	**5:23**	5.8	**11:07**	0.2	**11:51**	0.1	4:52	7:19	
29	Sat	**5:49**	4.9	**6:12**	5.9	**11:57**	0.2			4:53	7:18	
30	Sun	**6:38**	5.0	**6:57**	5.9	**12:40**	0.0	**12:47**	0.2	4:54	7:17	
31	Mon	**7:24**	5.0	**7:40**	5.8	**1:27**	-0.1	**1:34**	0.3	4:55	7:16	