US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Aug 1719

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:08	5.0	8:22	5.6	2:10	-0.1	2:19	0.4	4:56	7:15	
2	Wed	8:51	5.0	9:04	5.4	2:50	0.0	3:00	0.5	4:57	7:14	
3	Thu	9:35	4.9	9:47	5.1	3:28	0.1	3:40	0.7	4:58	7:13	
4	Fri	10:18	4.8	10:30	4.9	4:03	0.3	4:19	0.9	4:59	7:12	
5	Sat	11:03	4.7	11:15	4.6	4:38	0.5	5:00	1.1	5:00	7:11	
6	Sun	11:47	4.7			5:15	0.7	5:48	1.3	5:01	7:09	
7	Mon	12:01	4.4	12:29	4.7	5:57	0.9	6:45	1.4	5:02	7:08	
8	Tue	12:47	4.3	1:12	4.7	6:47	1.0	7:50	1.4	5:03	7:07	
9	Wed	1:35	4.2	1:58	4.8	7:45	1.1	8:51	1.3	5:04	7:06	
10	Thu	2:28	4.1	2:50	4.9	8:44	1.0	9:47	1.0	5:04	7:05	
11	Fri	3:28	4.2	3:48	5.1	9:40	0.9	10:39	0.7	5:05	7:03	
12	Sat	4:28	4.4	4:45	5.4	10:32	0.6	11:28	0.4	5:06	7:02	
13	Sun	5:22	4.7	5:36	5.8	11:24	0.4			5:07	7:01	
14	Mon	6:11	5.0	6:24	6.1	12:16	0.1	12:15	0.1	5:08	6:59	
15	Tue	6:58	5.3	7:10	6.2	1:04	-0.2	1:08	-0.1	5:09	6:58	
16	Wed	7:45	5.6	7:58	6.3	1:52	-0.4	2:00	-0.3	5:10	6:57	
17	Thu	8:34	5.8	8:48	6.2	2:38	-0.6	2:50	-0.3	5:11	6:55	
18	Fri	9:26	5.8	9:41	5.9	3:23	-0.6	3:41	-0.3	5:12	6:54	
19	Sat	10:21	5.9	10:37	5.6	4:09	-0.5	4:33	-0.1	5:13	6:52	
20	Sun	11:18	5.8	11:36	5.3	4:57	-0.3	5:29	0.2	5:14	6:51	
21	Mon			12:15	5.7	5:52	0.0	6:34	0.5	5:15	6:50	
22	Tue	12:35	5.1	1:12	5.6	6:53	0.3	7:42	0.6	5:16	6:48	
23	Wed	1:33	4.8	2:09	5.5	7:58	0.5	8:48	0.6	5:17	6:47	
24	Thu	2:34	4.7	3:09	5.5	9:01	0.6	9:48	0.5	5:18	6:45	
25	Fri	3:37	4.6	4:09	5.5	9:59	0.6	10:42	0.4	5:19	6:44	
26	Sat	4:39	4.7	5:05	5.6	10:51	0.5	11:31	0.3	5:20	6:42	
27	Sun	5:32	4.9	5:53	5.6	11:40	0.5			5:21	6:41	
28	Mon	6:19	5.0	6:36	5.7	12:16	0.2	12:27	0.4	5:22	6:39	
29	Tue	7:01	5.2	7:17	5.6	12:59	0.1	1:12	0.4	5:23	6:37	
30	Wed	7:41	5.2	7:56	5.5	1:40	0.1	1:55	0.4	5:24	6:36	
31	Thu	8:19	5.2	8:34	5.4	2:18	0.1	2:35	0.5	5:25	6:34	