US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jul 1720

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**4:16**	4.3	**4:41**	5.1	**10:21**	0.7	**11:12**	0.7	4:32	7:33	
2	Tue	**5:07**	4.3	**5:26**	5.3	**11:04**	0.6	**11:57**	0.5	4:33	7:33	
3	Wed	**5:54**	4.4	**6:07**	5.4	**11:48**	0.6			4:33	7:33	
4	Thu	**6:37**	4.5	**6:45**	5.5	**12:42**	0.4	**12:32**	0.6	4:34	7:33	
5	Fri	**7:18**	4.6	**7:21**	5.6	**1:26**	0.3	**1:16**	0.5	4:35	7:33	
6	Sat	**7:59**	4.6	**7:57**	5.6	**2:08**	0.2	**1:59**	0.5	4:35	7:32	
7	Sun	**8:39**	4.6	**8:35**	5.5	**2:48**	0.1	**2:41**	0.5	4:36	7:32	
8	Mon	**9:22**	4.6	**9:17**	5.5	**3:27**	0.1	**3:22**	0.5	4:36	7:32	
9	Tue	**10:08**	4.7	**10:04**	5.3	**4:05**	0.1	**4:05**	0.6	4:37	7:31	
10	Wed	**10:58**	4.8	**10:57**	5.2	**4:45**	0.2	**4:52**	0.7	4:38	7:31	
11	Thu	**11:51**	5.0	**11:54**	5.1	**5:30**	0.2	**5:49**	0.8	4:39	7:30	
12	Fri			**12:44**	5.2	**6:23**	0.3	**6:58**	0.8	4:39	7:30	
13	Sat	**12:51**	5.0	**1:38**	5.4	**7:24**	0.3	**8:09**	0.7	4:40	7:29	
14	Sun	**1:50**	4.8	**2:36**	5.6	**8:26**	0.2	**9:16**	0.5	4:41	7:29	
15	Mon	**2:54**	4.8	**3:38**	5.8	**9:27**	0.1	**10:17**	0.2	4:42	7:28	
16	Tue	**4:02**	4.8	**4:40**	6.0	**10:24**	0.0	**11:14**	0.0	4:42	7:28	
17	Wed	**5:07**	4.9	**5:37**	6.2	**11:20**	-0.1			4:43	7:27	
18	Thu	**6:04**	5.1	**6:29**	6.3	**12:09**	-0.3	**12:15**	-0.2	4:44	7:27	
19	Fri	**6:58**	5.2	**7:19**	6.3	**1:02**	-0.4	**1:10**	-0.2	4:45	7:26	
20	Sat	**7:49**	5.3	**8:08**	6.2	**1:54**	-0.5	**2:02**	-0.1	4:46	7:25	
21	Sun	**8:40**	5.3	**8:57**	5.9	**2:42**	-0.5	**2:51**	0.1	4:46	7:24	
22	Mon	**9:31**	5.2	**9:46**	5.6	**3:26**	-0.4	**3:38**	0.3	4:47	7:24	
23	Tue	**10:22**	5.0	**10:35**	5.3	**4:08**	-0.1	**4:23**	0.5	4:48	7:23	
24	Wed	**11:12**	4.9	**11:25**	5.0	**4:50**	0.1	**5:11**	0.8	4:49	7:22	
25	Thu			**12:00**	4.9	**5:33**	0.4	**6:03**	1.1	4:50	7:21	
26	Fri	**12:13**	4.7	**12:46**	4.8	**6:19**	0.7	**7:01**	1.3	4:51	7:20	
27	Sat	**1:00**	4.4	**1:31**	4.8	**7:09**	0.9	**8:02**	1.3	4:52	7:19	
28	Sun	**1:48**	4.3	**2:17**	4.8	**8:02**	1.0	**8:59**	1.3	4:53	7:18	
29	Mon	**2:40**	4.1	**3:08**	4.8	**8:54**	1.0	**9:52**	1.1	4:54	7:17	
30	Tue	**3:37**	4.1	**4:01**	4.9	**9:44**	0.9	**10:41**	0.9	4:55	7:16	
31	Wed	**4:33**	4.2	**4:51**	5.1	**10:32**	0.8	**11:27**	0.7	4:56	7:15	