US HARBORS www.USHarbors.com

Atlantic Highlands, NJ - Jan 1722

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:33	5.0	7:00	4.1	12:15	0.0	1:07	-0.2	7:24	4:44	
2	Fri	7:11	5.0	7:41	4.1	12:57	0.0	1:49	-0.2	7:24	4:45	
3	Sat	7:48	5.0	8:21	4.1	1:39	0.0	2:29	-0.2	7:24	4:46	
4	Sun	8:24	4.8	9:01	4.0	2:19	0.1	3:06	-0.2	7:24	4:47	
5	Mon	8:59	4.7	9:42	3.9	2:57	0.2	3:41	-0.1	7:24	4:48	
6	Tue	9:34	4.5	10:24	3.8	3:34	0.3	4:15	0.0	7:24	4:49	
7	Wed	10:12	4.4	11:08	3.8	4:09	0.4	4:49	0.1	7:24	4:50	
8	Thu	10:55	4.2	11:52	3.9	4:48	0.6	5:27	0.2	7:23	4:51	
9	Fri	11:44	4.1			5:36	0.7	6:12	0.3	7:23	4:52	
10	Sat	12:38	4.0	12:37	4.0	6:41	0.7	7:09	0.3	7:23	4:53	
11	Sun	1:27	4.2	1:33	3.9	7:56	0.6	8:11	0.2	7:23	4:54	
12	Mon	2:21	4.5	2:36	3.9	9:05	0.4	9:13	0.0	7:22	4:55	
13	Tue	3:23	4.8	3:46	3.9	10:07	0.0	10:11	-0.2	7:22	4:56	
14	Wed	4:26	5.2	4:53	4.2	11:05	-0.4	11:07	-0.5	7:22	4:57	
15	Thu	5:25	5.5	5:52	4.4			12:00	-0.7	7:21	4:58	
16	Fri	6:19	5.8	6:47	4.7	12:03	-0.8	12:55	-1.0	7:21	4:59	
17	Sat	7:11	6.0	7:40	4.9	1:00	-0.9	1:48	-1.2	7:21	5:00	
18	Sun	8:03	6.0	8:34	4.9	1:55	-1.0	2:39	-1.4	7:20	5:01	
19	Mon	8:56	5.9	9:28	4.9	2:48	-1.0	3:27	-1.4	7:19	5:03	
20	Tue	9:49	5.6	10:24	4.8	3:39	-0.9	4:14	-1.2	7:19	5:04	
21	Wed	10:44	5.2	11:20	4.7	4:31	-0.6	5:03	-0.9	7:18	5:05	
22	Thu	11:39	4.8			5:25	-0.2	5:53	-0.6	7:18	5:06	
23	Fri	12:14	4.6	12:32	4.5	6:26	0.1	6:48	-0.3	7:17	5:07	
24	Sat	1:06	4.5	1:24	4.1	7:31	0.3	7:44	0.0	7:16	5:08	
25	Sun	1:57	4.4	2:18	3.8	8:35	0.4	8:40	0.2	7:16	5:10	
26	Mon	2:50	4.3	3:15	3.7	9:34	0.4	9:32	0.2	7:15	5:11	
27	Tue	3:46	4.3	4:14	3.6	10:26	0.3	10:21	0.2	7:14	5:12	
28	Wed	4:41	4.4	5:09	3.7	11:14	0.1	11:07	0.2	7:13	5:13	
29	Thu	5:29	4.5	5:56	3.8	11:59	0.0	11:51	0.1	7:12	5:15	
30	Fri	6:12	4.7	6:39	4.0			12:42	-0.1	7:11	5:16	
31	Sat	6:51	4.8	7:19	4.1	12:35	0.0	1:24	-0.3	7:10	5:17	